

Fresh

PROUDLY CANADIAN

HAPPY Mother's Day



6⁹⁹

**YOGO OR YOPLAIT SOURCE 16 X 100 G
OR PC® ORANGE JUICE 2.5 L**

SELECTED VARIETIES

20609583001_EA/21531644_EA



PC® APPETIZERS
SELECTED VARIETIES, FROZEN

294-574 G

20080117_EA/21538572_EA

7⁹⁹



4⁴⁹

BREYERS CREAMERY STYLE ICE CREAM

SELECTED VARIETIES, FROZEN

1.41 L

21651382_EA



**FERRERO ROCHER JEWEL BOX,
COLLECTION FINE CHOCOLATES**

156/200 G OR LINDOR
CHOCOLATE BAGS 240 G

SELECTED VARIETIES

20098034_EA/20981575_EA/
21358220_EA

8⁷⁹



**SEE OUR FLYER ONLINE
VISIT FRESHMART.CA**

FROM THURSDAY, MAY 7TH TO
WEDNESDAY, MAY 13TH, 2026

MAY

**HIT
OF THE
MONTH**



\$3

 Made in Canada

Kraft Miracle Whip

Selected varieties, 650 - 890 ml



\$1.88

 Made in Canada

Marcangelo Souvlaki

Selected varieties, 2 Pack, 120 g



\$2.25

Takis Rolled Corn Chips

Selected varieties, 260 g

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local trade areas. Offer valid May 1st - 31st, 2026 while quantities last. We reserve the right to limit quantities to reasonable family requirements. No rainchecks.

Freshmart®

PROUDLY CANADIAN

SuperValu®
value and freshness

SHOP EASY®
F · O · O · D · S



6⁴⁹
LB

CHICKEN THIGHS
BONELESS, SKINLESS
14.31/KG
20162170_KG

12⁹⁹
LB

BONELESS BEEF STRIPLIN ROAST OR STEAK*
FRESH, FAMILY SIZE
28.64/KG
20794004_KG



2⁹⁹

PC® SALADS, 142 G, PRODUCT OF U.S.A. OR
PC® MINI POTATOES, PRODUCT OF CANADA, 680 G
SELECTED VARIETIES

3²⁹

BLACKBERRIES OR RASPBERRIES
PRODUCT OF MEXICO OR U.S.A.
6 OZ.



3/\$15
OR
\$5 EA.

AGROPUR, BOURSIN, CASTELLO,
PC® OR PC® BLUE MENU CHEESE
SELECTED VARIETIES
113-220 G
20116794_EA/20428574_EA/20787327_EA

11⁹⁹

PC® GLUTEN-FREE OR FARMER'S MARKET™
BAR CAKES 553-770 G OR SUGAR PLUM
ROUND CAKES 950 G
SELECTED VARIETIES
20794367_EA/21500612_EA



3²⁹

CLASSICO PASTA SAUCE
SELECTED VARIETIES
410/600 ML
20325609003_EA/21618426_EA

2⁹⁹

GREEN GIANT 750 G OR VALLEY SELECTIONS
400/500 G VEGETABLES
SELECTED VARIETIES, FROZEN
21022268_EA/21022355_EA

9⁴⁹

NO NAME® CHEESE BARS 700 G
OR PC® SHREDS 620 G
SELECTED VARIETIES
20975773_EA/21060759_EA



2/\$5
OR
\$2.50 EA.

PC® LOADS OF™, WORLD OF FLAVOURS
OR KETTLE COOKED POTATO CHIPS
SELECTED VARIETIES
200 G
20840911007_EA/21315959_EA/21576276_EA

9⁹⁹

PC® 100% MAPLE SYRUP 500 ML
OR NO NAME® LIQUID HONEY 1 KG
SELECTED VARIETIES
20033683_EA/20049221_EA

15⁹⁹

MAXWELL HOUSE GROUND COFFEE
SELECTED VARIETIES
631-900 G
21606882_EA

Freshmart®

PROUDLY CANADIAN



6⁴⁹
LB

CHICKEN THIGHS
BONELESS, SKINLESS
14.31/KG
20162170_KG

12⁹⁹
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9⁹⁹

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OR NO NAME® LIQUID HONEY 1 KG
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15⁹⁹

MAXWELL HOUSE GROUND COFFEE
SELECTED VARIETIES
631-900 G
21606882_EA

FRUITS & VEGETABLES



349
LB

GREEN BEANS
PRODUCT OF U.S.A.
7.69/KG



199

PC® MUSHROOMS
PRODUCT OF CANADA,
SELECTED VARIETIES
200 G
20776239_EA



379

CELERY STALKS,
PRODUCT OF MEXICO
OR U.S.A. OR **ICEBERG**
LETTUCE,
PRODUCT OF U.S.A.
EACH



479

CANTALOUPE, PRODUCT
OF GUATEMALA OR
HONDURAS OR **PINEAPPLE,**
PRODUCT OF COSTA RICA
EACH



499
LB

YELLOW PEACHES
OR **NECTARINES**
PRODUCT OF U.S.A.
11.00/KG



649

NO NAME®
NATURALLY IMPERFECT™
PEARS
PRODUCT OF U.S.A.
3 LB



499

PC® SALADS
SELECTED VARIETIES,
PRODUCT OF U.S.A.
285-369 G



\$5

PC® SOLERAMA SAN MARZANO
ROMA TOMATOES
PRODUCT OF CANADA
454 G



2/250
OR
\$1.25 EA.

CORN ON THE COB,
PRODUCT OF U.S.A.
OR **AVOCADOS,**
PRODUCT OF MEXICO



599

FARMER'S MARKET™ ORANGES
PRODUCT OF U.S.A.
3 LB

BAKERY



249

NO NAME® BAGELS
SELECTED VARIETIES
6'S
21297778_EA



299

ACE BAKERY BAGUETTE 325-400 G,
SELECTED VARIETIES OR **CINNAMON**
RAISIN BREAD 550 G, BAKED-IN-STORE
SELECTED VARIETIES
20171171_EA



399

PC® OR DELI WORLD RYE BREAD
SELECTED VARIETIES
480 G
20682493_EA/20003243_EA



499

FARMER'S MARKET™ COOKIES
SELECTED VARIETIES
12'S
20566774_EA

DAIRY & REFRIGERATED



329

NO NAME® CREAM CHEESE
SELECTED VARIETIES
227/250 G
20308105001_EA/210361106_EA



399

SIMPLY DRINKS
SELECTED VARIETIES
1.54 L
21170784_EA/21170793_EA



399

NO NAME® MARGARINE
907 G
20104196_EA



649

SIGGI'S SKYR YOGURT
SELECTED VARIETIES
650/750 G
21353874_EA/21549531_EA

MEAT & SEAFOOD



PARTICIPATING STORES

UP TO
\$2 OFF
/LB

FRESH PLAIN OR MARINATED BEEF, PORK OR CHICKEN KEBAB
\$2 LB OFF PLAIN
\$1 LB OFF MARINATED

349
LB

PORK LOIN COMBINATION CHOPS SIRLOIN CENTRE-CUT AND RIB PORTION BONE-IN, CUT IN-STORE
7.69/KG
20823222_KG

899
LB

CHICKEN BREASTS BONELESS, SKINLESS
19.82/KG
20028450_KG



PREPARED IN CANADA



PREPARED IN CANADA



PREPARED IN CANADA

349

NO NAME® ORIGINAL WIENERS
450 G
20002786_EA

649

NO NAME® BREADED CHICKEN SELECTED VARIETIES, FROZEN
908 G
21178744_EA

1249

PINTY'S CHICKEN WINGS OR THIGHS SELECTED VARIETIES, FROZEN, 600-950 G
21699629_EA/21703423_EA



PREPARED IN CANADA

599

SEAQUEST® PACIFIC WHITE SHRIMP SELECTED VARIETIES, FROZEN
36-55 PER LB, 300 G
21636326_EA/21636352_EA

1199

SEAQUEST® SHRIMP RING WITH MILD COCKTAIL SAUCE FROZEN
454 G
21687413_EA

1799

PC® OLD FASHIONED BACON
1 KG
20115704_EA



PREPARED IN CANADA



PREPARED IN CANADA



PREPARED IN CANADA

799

BEYOND MEAT PLANT BASED BURGERS, GROUNDS, SAUSAGE, TENDERS OR STEAK SELECTED VARIETIES, FROZEN
226-400 G
21193815_EA/21300113_EA

599

HARVEST PORK SAUSAGES SELECTED VARIETIES
500 G
21724040_EA

449

LEAN GROUND PORK BRICK PACK
450 G
21705787_EA

599

MARCANGELO CHICKEN BREAST PORTIONS SELECTED VARIETIES
300 G
21706318_EA/21706472_EA

DELI MEAT & CHEESE



449

PC®, MASTRO OR SAN DANIELE DELI MEAT SELECTED VARIETIES
100-175 G
20576743_EA/21061099_EA



699

PC® DIPS OR YUCATAN GUACAMOLE SELECTED VARIETIES
340-500 G
20213083_EA/21093701_EA



PREPARED IN CANADA

599

PC® BOCCONCINI 200 G OR PC® RICOTTA 454 G OR ZERTO SHREDDED PARMESAN CHEESE 140 G SELECTED VARIETIES
20219848_EA/20546983_EA



949

PC® BLACK LABEL PARMIGIANO REGGIANO 200 G, PC® SPLENDIDO® PARMIGIANO REGGIANO OR PECORINO ROMANO CHEESE 250 G OR PC® GOAT CHEESE, SELECTED VARIETIES, 300 G
21722528_EA/21053434_EA

GROCERY



349

GAY LEA REAL WHIPPED CREAM
SELECTED VARIETIES
225 G

20048223001_EA/20048223002_EA



699

STOK OR STARBUCKS OR INTEL DELIGHT
ICED COFFEE OR COFFEE ENHANCER
SELECTED VARIETIES
828 ML/1.89 L-369/396 G

21215527_EA/21358473_EA



299

STARBUCKS DRINKS 405/444 ML
OR CELSIUS 355 ML
SELECTED VARIETIES

21576458_EA/21723923_EA



699

GATORADE SPORT DRINKS 6 X 591 ML
OR MAXWELL HOUSE INSTANT
COFFEE 150 G, SELECTED VARIETIES

20303218003_C06/21026608_EA



279

MCCAIN FRIES
SELECTED VARIETIES, FROZEN
800 G

21521219_EA



349

PILLSBURY PIZZA POPS
SELECTED VARIETIES, FROZEN
4'S

21435996_EA/21436071_EA



599

CHAPMAN'S YUKON NOVELTIES
SELECTED VARIETIES, FROZEN
5-8'S

21012261_EA/21583339_EA



1299

KICKING HORSE GROUND COFFEE
SELECTED VARIETIES
284 G

20805126001_EA/21517176_EA



125

JELL-O JELLY POWDER 9.1-85 G
OR CLUB HOUSE GRAVY AND
SEASONING MIX 20-47 G
SELECTED VARIETIES

20302816001_EA/20317293001_EA



449

GENERAL MILLS CEREAL 310-437 G
OR NUTELLA B-READY CRISPY WAFER
WITH HAZELNUT SPREAD 132 G
SELECTED VARIETIES

21213662_EA/21457401_EA



479

NUTELLA HAZELNUT
OR PEANUT SPREAD
375 G

21721261_EA/21457401_EA



1749

ROBIN HOOD OR FIVE ROSES FLOUR
SELECTED VARIETIES
10 KG

20134743_EA/20251651_EA



189

NO NAME® EVAPORATED MILK
SELECTED VARIETIES
354 ML

21040510_EA



249

WERTHER'S ORIGINAL OR
MAYNARDS SOUR PATCH KIDS
GUMMIES OR CANDIES
SELECTED VARIETIES
60-154 G

20898717_EA/21545554_EA



349

NATURE VALLEY OR FIBER1 BARS
125-210 G OR CHRISTIE MINI
COOKIES 150-200 G
SELECTED VARIETIES

21213585_EA/21584976_EA



649

CHRISTIE DAD'S OATMEAL COOKIES
500/520 G OR JACK LINK'S MEAT
SNACKS 65-81 G
SELECTED VARIETIES

20501983004_EA/21014079_EA



199

NO NAME® PASTA
SELECTED VARIETIES
900 G

20315613002_EA/20315613006_EA



229

CAMPBELL'S BROTH
SELECTED VARIETIES
900 ML

20322348003_EA/20981583_EA



399

OLD EL PASO DINNER KITS
SELECTED VARIETIES
250-510 G

20305182001_EA/20795536_EA



529

FRENCH'S KETCHUP 750 ML-1L
OR VLASIC PICKLES 1L
SELECTED VARIETIES

20157347001_EA/20835951_EA



299

PALMOLIVE OR DAWN
DISHWASHING LIQUID
SELECTED VARIETIES, 431/828 ML

21004368_EA/21430576_EA



849

CHARMIN BATHROOM TISSUE
8=24 ROLLS OR BOUNTY PAPER
TOWELS 3=6 ROLLS
SELECTED VARIETIES

21636615_EA/21670159_EA



.79

PEDIGREE WET DOG FOOD POUCH
SELECTED VARIETIES
100 G

21659467_EA/21659566_EA



1899

PEDIGREE TREATS
SELECTED VARIETIES
869-972 G

21194056_EA

Freshmart

SuperValu Value and freshness SHOP EASY Price on Pump

Quantities and/or selection of items may be limited and may not be available in all stores. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to any savings claims (ie. "Save", "Was", "1/2 Price", etc.) is in comparison to our lowest regular retail prices at Freshmart locations. Savings on items shown may vary in each store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. Prices not applicable At-The-Pumps gas bar locations. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaw's Inc. and others. All rights reserved. © 2026 Loblaw's Inc.



SESV BACK

FROM THURSDAY, MAY 7TH TO WEDNESDAY, MAY 13TH, 2026

HAPPY Mother's Day



3/\$5
OR
\$1.67 EA.

MARS, NESTLÉ, CABBURY OR KINDER CHOCOLATE BARS 20-60 G
20066954_EA/20122562_EA
20695015_EA

349

CADBURY FAMILY CHOCOLATE BARS 90-105 G OR **STARBURST OR SKITTLES CANDY** PEG 130-170 G
SELECTED VARIETIES
21647110_EA/21648577_EA

429

MISSVICKIE'S KETTLE COOKED POTATO CHIPS 190-200 G, **SMARTFOOD POPCORN** 150-200 G OR **POPCORNS POPPED-CORN CHIPS** 142 G
SELECTED VARIETIES
20972859_EA/21240628_EA



229

PERRIER OR SANPELLEGRINO SPARKLING WATER 1 L OR **NO NAME® JUICE** 2 L
SELECTED VARIETIES
20320439003_EA/21012469_EA

379

TWININGS TEA 20'S OR SUNNYD JUICE 1.89 L
SELECTED VARIETIES
18/20'S
20303755001_EA/21102505_EA

749

PC® WINE DE-ALCOHOLIZED 750 ML OR **SANPELLEGRINO CIAO! SPARKLING DRINKS** 6 X 330 ML
SELECTED VARIETIES
21045800_EA/21723264_C06



349

BETTY CROCKER PREMIUM CAKE MIX 263-550 G OR **NO NAME® MARASCHINO CHERRIES** 375 ML
SELECTED VARIETIES
20050959_EA/20078877001_EA

599

PC® OR TRÜ FRÜ CHOCOLATE COVERED FRUIT
SELECTED VARIETIES
170 G
21515998_EA/21544055_EA

1199

PC® PROFITEROLES CHOCOLATE OR VANILLA CREAM 490/625 G
21586363_EA/21713701_EA



299

NO NAME® FRUIT IN JARS OR DEL MONTE CANNED FRUIT
SELECTED VARIETIES
540/796 ML
20671499_EA/21097602_EA

349

PC® PANCAKE OR WAFFLE MIX 905 G, **SYRUP** 750 ML OR **INSTANT OATS** 264-360 G
SELECTED VARIETIES
20175129_EA/20374908_EA

549

PC® BLUE MENU® PEANUT BUTTER 750 G OR **FRUIT SPREAD** 310/500 ML
SELECTED VARIETIES
20057669001_EA/21385372_EA



229

LIPTON CUP-A-SOUP OR SOUP MIX
SELECTED VARIETIES
94-166 G
20308188003_EA

299

NO NAME® BACON BITS
SELECTED VARIETIES
85 G
20159354_EA

479

NO NAME® MAYONNAISE
SELECTED VARIETIES
890 ML
20627614001_EA/20627614002_EA



899

PC® ORGANICS FRUIT
SELECTED VARIETIES,
FROZEN
600 G
20431483002_EA/21023573_EA

249

NO NAME® HEAVY DUTY FOIL 25 FT, **PLASTIC WRAP** 60 M OR **PARCHMENT PAPER** 10 M
SELECTED VARIETIES
21375917_EA/21119993_EA

Freshmart[®]

PROUDLY CANADIAN

HAPPY Mother's Day



6⁹⁹

**YOGO OR YOPLAIT SOURCE 16 X 100 G
OR PC[®] ORANGE JUICE 2.5 L**
SELECTED VARIETIES

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SELECTED VARIETIES, FROZEN

294-574 G

20080117_EA/21538572_EA

7⁹⁹



4⁴⁹

BREYERS CREAMERY STYLE ICE CREAM
SELECTED VARIETIES, FROZEN

1.41 L

21651382_EA



**FERRERO ROCHER JEWEL BOX,
COLLECTION FINE CHOCOLATES**
156/200 G OR LINDOR
CHOCOLATE BAGS 240 G

SELECTED VARIETIES

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