

Fresh

PROUDLY CANADIAN



Insiders Report™



**PRICES EFFECTIVE FOR 8 WEEKS
FROM THURSDAY, MAY 14TH
TO WEDNESDAY, JULY 8TH, 2026**

Must Try!



\$12

**PC® JERK CHICKEN BURGERS
FROZEN
852 G**

21714192_EA

Must Try!



**PC® THE DECADENT®
CHOCOLATE CHIP MUFFINS
SELECTED VARIETIES
4'S**

21717326_EA/21717562_EA

\$6

Must Try!



\$5.75

**PC® BLUE MENU®
PASSION FRUIT GUAVA FLAVOURED
SPARKLING WATER**

12 X 355 ML
21703743_C12

New!



\$4

**PC® ORANGE CHICKEN, PALAK
PANEER ENTRÉE 212-350 G OR
CARIBBEAN CHICKEN 300 G
SELECTED VARIETIES**

21716419_EA/21716438_EA/21716515_EA

Hot Deals of the WEEK



4⁹⁹

**FRANK'S REDHOT SAUCE 354 ML
OR FRENCH'S KETCHUP 750 ML-1 L**
SELECTED VARIETIES

20187632001_EA/20835951_EA



MCCAIN DEEP'N DELICIOUS CAKE
SELECTED VARIETIES, FROZEN

510 G

20310132003_EA

5⁴⁹



15⁹⁹

**NANUK SMOKED COHO SALMON 300 G
OR PC® SHRIMP PLATTER WITH SAUCE**
568 G, FROZEN

20114139_EA/20147098_EA



PC® DE-ALCOHOLIZED BEER
SELECTED VARIETIES

12 X 355 ML

20121729_C12

10⁹⁹



26⁹⁹

**TIM HORTONS ROAST AND GROUND
COFFEE 640-875 G OR PODS 30'S**
SELECTED VARIETIES

21166682_EA/21688802_EA

Freshmart®

PROUDLY CANADIAN

SuperValu®
value and freshness

SHOP EASY®
F · O · O · D · S



3.29
LB

CHICKEN DRUMSTICKS
FAMILY SIZE
7.26/KG
20004494_KG



8.99
LB

FRESH BEEF TOP SIRLOIN
STEAK OR ROAST*
FAMILY SIZE
19.82/KG
20796098_KG



ROMAINE HEARTS
PRODUCT OF U.S.A.
3'S

4.99

3 Romaine Hearts / 3 coeurs de Romaine
Produced in U.S.A. / Produit des É.-U.



3.29

BLACKBERRIES OR RASPBERRIES
PRODUCT OF MEXICO OR U.S.A.
6 OZ.



3.49

WONDER HAMBURGER OR HOTDOG BUNS
SELECTED VARIETIES
12'S
20520827_EA/20520828_EA



3.79

ZIGGY'S® CHEESE SLICES
OR SLICED DELI MEAT
SELECTED VARIETIES
160-180 G
21592461_EA/21599921_EA/21610826_EA



3/\$10
OR
\$3.33 EA.

LAY'S POTATO CHIPS
SELECTED VARIETIES
177-235 G
21241032_EA/21241033_EA



2/\$7
OR
\$3.50 EA.

GENERAL MILLS CEREAL 297-430 G OR SILK OR
EARTH'S OWN NON DAIRY BEVERAGES 1.75/1.89 L
SELECTED VARIETIES
21037796_EA/21104053_EA



3.99

PHILADELPHIA CREAM CHEESE PRODUCT
227/250 G OR SIMPLY ORANGE JUICE
OR CRANBERRY COCKTAIL 1.36/1.54 L
SELECTED VARIETIES
20641267_EA/21735026_EA



5.49

CHAPMAN'S PREMIUM
ICE CREAM, FROZEN
YOGURT OR SORBET 2 L OR
SUPER SANDWICH ICE CREAM
SELECTED VARIETIES, FROZEN
20111532_EA/20323573001_EA



4.99

DR. OETKER GIUSEPPE
THIN CRUST OR
RISING CRUST PIZZA
SELECTED VARIETIES, FROZEN
439-785 G
20904584_EA/21106360_EA



8.29

COCA-COLA, PEPSI
OR CANADA DRY
SOFT DRINKS
SELECTED VARIETIES
12 X 355 ML
20318694002_C12/20322361002_C12

SEE OUR FLYER ONLINE, VISIT FRESHMART.CA
FROM THURSDAY, MAY 14TH TO WEDNESDAY, MAY 20TH, 2026



*CUT FROM CANADA AA GRADE BEEF OR HIGHER

Freshmart®

PROUDLY CANADIAN



3.29
LB

CHICKEN DRUMSTICKS
FAMILY SIZE
7.26/KG
20004494_KG



8.99
LB

FRESH BEEF TOP SIRLOIN
STEAK OR ROAST*
FAMILY SIZE
19.82/KG
20796098_KG



ROMAINE HEARTS
PRODUCT OF U.S.A.
3'S

4.99



3.29

BLACKBERRIES OR RASPBERRIES
PRODUCT OF MEXICO OR U.S.A.
6 OZ.



3.49

WONDER HAMBURGER OR HOTDOG BUNS
SELECTED VARIETIES
12'S
20520827_EA/20520828_EA



3.79

ZIGGY'S® CHEESE SLICES
OR SLICED DELI MEAT
SELECTED VARIETIES
160-180 G
21592461_EA/21599921_EA/21610826_EA



3/\$10
OR
\$3.33 EA.

LAY'S POTATO CHIPS
SELECTED VARIETIES
177-235 G
21241032_EA/21241033_EA



2/\$7
OR
\$3.50 EA.

GENERAL MILLS CEREAL 297-430 G OR SILK OR EARTH'S OWN NON DAIRY BEVERAGES 1.75/1.89 L
SELECTED VARIETIES
21037796_EA/21104053_EA



3.99

PHILADELPHIA CREAM CHEESE PRODUCT 227/250 G OR SIMPLY ORANGE JUICE OR CRANBERRY COCKTAIL 1.36/1.54 L
SELECTED VARIETIES
20641267_EA/21735026_EA



5.49

CHAPMAN'S PREMIUM ICE CREAM, FROZEN YOGURT OR SORBET 2 L OR SUPER NOVELTIES 6-20'S
SELECTED VARIETIES, FROZEN
20111532_EA/20323573001_EA



4.99

DR. OETKER GIUSEPPE THIN CRUST OR RISING CRUST PIZZA
SELECTED VARIETIES, FROZEN
439-785 G
20904584_EA/21106360_EA



8.29

COCA-COLA, PEPSI OR CANADA DRY SOFT DRINKS
SELECTED VARIETIES
12 X 355 ML
20318694002_C12/20322361002_C12

SEE OUR FLYER ONLINE, VISIT FRESHMART.CA
FROM THURSDAY, MAY 14TH TO WEDNESDAY, MAY 20TH, 2026



FRUITS & VEGETABLES



3²⁹
LB

BROCCOLI CROWNS
PRODUCT OF
U.S.A. OR MEXICO
7.25/KG

2³⁹

KALE OR SPINACH
PRODUCT OF U.S.A.
BUNCH

6²⁹

**NO NAME[®]
NATURALLY
IMPERFECT[™]
MIXED PEPPERS**
PRODUCT OF CANADA
2.5 LB



2/\$3
OR
\$1.50 EA.

**ATAULFO OR
RED MANGO**
PRODUCT OF MEXICO

2⁹⁹
LB

**ENVY, HONEYCRISP
OR PINK LADY APPLES**
PRODUCT OF
CANADA OR U.S.A.
6.59/KG

3⁴⁹
LB

**BLACK, RED OR GREEN
GRAPES**
PRODUCT OF
CHILE OR INDIA
7.69/KG



7⁸⁹

PC[®] MANDARINS
PRODUCT OF U.S.A. OR MOROCCO
3 LB BAG

2⁸⁹
LB

GREEN ZUCCHINI
PRODUCT OF CANADA
6.37/KG

4⁹⁹

**PC[®] RED, RUSSET, YELLOW
OR SWEET POTATOES**
PRODUCT OF CANADA,
SELECTED VARIETIES, 5 LB

4⁹⁹

ARTE[®] SALADS
PRODUCT OF CANADA,
SELECTED VARIETIES
315-359 G
21185241_EA

BAKERY



3⁴⁹

**COUNTRY HARVEST
BREAD OR BAGELS**
SELECTED VARIETIES AND SIZES
21178531_EA/21178642_EA

4²⁹

**PC[®] OR LITTLE BITES MINI MUFFINS
OR SCHOOL SAFE SNACK CAKES**
SELECTED VARIETIES
96-336 G
21488821_EA/21488839_EA/21488913_EA/21722813_EA

5⁹⁹

8 INCH PIES
SELECTED VARIETIES
680-750 G
21297470_EA/21297475_EA

6⁹⁹

FARMER'S MARKET[™] COFFEE CAKES
SELECTED VARIETIES
750 G
21707451_EA

DAIRY & REFRIGERATED



2⁹⁹

**FUZO OR FRUITOPIA
OR PEACE TEA BEVERAGES**
SELECTED VARIETIES
1.75 L
2034744001_EA/21170670_EA

4⁴⁹

NO NAME[®] OR PC[®] CHEESE SLICES
SELECTED VARIETIES
210-230 G
21406184_EA/21614277_EA

3⁹⁹

**LIBERTÉ MÉDITERRANÉE 500 G OR
GREEK 4 X 100 G, CRUNCH 2 X 130 G
OR YOPLAIT SOURCE PROTÉINES
650 G TUBS, SELECTED VARIETIES**
20801752003_EA/21587047_EA

5⁴⁹

ACTIVIA YOGURT
SELECTED VARIETIES
8 X 93 ML/100 G
20325384002_EA/21430512_EA

MEAT & SEAFOOD



4⁹⁹
LB

CHICKEN THIGHS, BONE IN, WET-CHILLED FRESH
11.00/KG
20058163_KG

3⁹⁹
LB

PORK SIDE RIBS FRESH, FAMILY SIZE
8.80/KG
20862906_KG

8⁹⁹
LB

EXTRA LEAN GROUND BEEF FAMILY SIZE
19.82/KG
20873869_KG



2⁴⁹

ZABIHA HALAL CHICKEN WIENERS OR ZABIHA HALAL CHICKEN BOLOGNA
SELECTED VARIETIES
375-450 G
20058192_EA/20103516_EA

5⁹⁹

NO NAME® SUMMER SAUSAGE, PEPPERONI OR SALAMI CHUB 500 G OR NO NAME® BACON 375 G
20015818_EA/21659056_EA

21⁹⁹

BUTCHER'S CHOICE® BEEF BURGERS
SELECTED VARIETIES, FROZEN
1.13 KG
20767514_EA/20874333_EA



\$10

SELECTION OF MEAT OR SEAFOOD MEALS OR ITEMS
200 G - 1.8 KG
SELECTED VARIETIES, FROZEN
21473698_EA/21667936_EA

6⁹⁹

BASA STEAKS OR WHOLE WILD CHUB MACKEREL
FROZEN
1 KG
20910469_EA/21079543_EA

10⁹⁹

PC® COOKED COLD WATER SHRIMP
FROZEN
150-200/LB, 340 G
20021832_EA



8⁹⁹

RED CHILI SPICE CHICKEN WINGS
PREVIOUSLY FROZEN
500 G
21607093_EA

6⁹⁹

BRAZILIAN SPICE CHICKEN LEG
PREVIOUSLY FROZEN
500 G
21606979_EA

12⁹⁹

MARCANGELO BEEF MEDALLIONS
340 G
21025464_EA

DELI MEAT & CHEESE



5⁹⁹

FANTINO & MONDELLO SALAMETTI, DICED AND SLICED OR SILA SALAMETTIS OR PIZZA TOPPINGS
SELECTED VARIETIES, 100-300 G
21551827_EA/21674156_EA



8⁹⁹

OLIVIERI FAMILY PACK PASTA
SELECTED VARIETIES
500-700 G
20311594_EA



6⁴⁹

TRE STELLE RICOTTA OR BOCCONCINI OR HALLOUMI CHEESE
SELECTED VARIETIES
200-475 G
20093652_EA/21350800_EA



7⁴⁹

BALDERSON CHEDDAR CHEESE, NON-AGED
SELECTED VARIETIES
250/280 G
20415944_EA/21511748_EA

GROCERY

2⁹⁹

YOPLAIT TUBES 8'S OR MINIGO 6'S OR SOURCE 630 G YOGURT SELECTED VARIETIES
21391318001_EA/21619318_EA

3⁷⁹

LACTANTIA OR DAIRYLAND CREAM SELECTED VARIETIES
473 ML-1 L
20073927_EA/21443531_EA

3⁹⁹

OCEAN SPRAY CRANBERRY COCKTAIL SELECTED VARIETIES
1.89 L
2030006008_EA

6⁴⁹

BUBLY 12 X 355 ML OR MONTELLIER 10 X 355 ML SPARKLING WATER SELECTED VARIETIES
21096704_C10/21097174_C12

6⁹⁹

HIGH LINER BREADED OR BATTERED FISH SELECTED VARIETIES, FROZEN
350-700 G
20572299004_EA

3⁴⁹

KELLOGG'S EGGO WAFFLES SELECTED VARIETIES, FROZEN
270-280 G
20302779_EA

5⁴⁹

NATURE'S PATH OR JORDANS ORGANIC CEREAL OR GRANOLA SELECTED VARIETIES
300-400 G
20787526_EA/21522295_EA

12⁷⁹

STARBUCKS GROUND COFFEE 340 G OR PODS 10'S SELECTED VARIETIES
20547343001_EA/20548682004_EA

3⁷⁹

HERSHEY'S TWIZZLERS LICORICE 75-454 G, JOLLY RANCHER ROPES 283 G OR DARE REAL FOODS 350 G CANDIES OR GUMMIES SELECTED VARIETIES
20022328008_EA/21232292_EA

3⁴⁹

ROBIN HOOD OATS 1 KG OR LECLERC GO PURE SNACK BARS 140-223 G SELECTED VARIETIES
20893370_EA/21221451_EA

5⁴⁹

HERSHEY'S CHIPITS 225-270 G OR NO NAME® INSTANT COFFEE 150 G SELECTED VARIETIES
21180125_EA/21452924_EA

6⁴⁹

SMUCKER'S JAM SELECTED VARIETIES 300-500 ML
20308043001_EA/20308043003_EA

2⁷⁹

PRINGLES POTATO CRISPS SELECTED VARIETIES
102-156 G
21003833_EA/21584545_EA

2⁹⁹

NATURE VALLEY, MOTT'S FRUIT ROLL-UPS, PILLSBURY, GENERAL MILLS OR BETTY CROCKER GRANOLA OR FRUIT SNACK BARS SELECTED VARIETIES, 120-230 G
20315520005_EA/21184633_EA

1⁴⁹

NO NAME® CONDENSED SOUP 284 ML OR KRAFT DINNER CUPS OR BOXES 58/200 G SELECTED VARIETIES
20298547001_EA/20301663_EA/21549526_EA

2²⁹

ITALPASTA 900 G OR HUNT'S TOMATO OR PASTA SAUCE 680 ML SELECTED VARIETIES
20081342001_EA/21429044_EA

3⁷⁹

NO NAME® GARBAGE BAGS 30-48'S OR VINYL GLOVES 100'S OR BLEACH JAVEL 2.4 L SELECTED VARIETIES
20052479_EA/20361493_EA

8⁴⁹

ROYALE BATHROOM TISSUE 12 DOUBLE ROLLS, TIGER TOWEL PAPER TOWELS 2/3=6 ROLLS OR FACIAL TISSUE 6'S SELECTED VARIETIES
21187195_EA/21484741_EA

11⁴⁹

NO NAME® CLUMPING CAT LITTER SELECTED VARIETIES
18 KG
20177169002_EA

19⁹⁹

ALPO COOKOUT CLASSICS 7.2 KG
20097667_EA

Drink in the FIFA World Cup 26™ with Collectible Country Cans
Collect Them All

©Coca-Cola Ltd., used under license.

1⁹⁹* 710 mL POWERADE® beverages selected varieties
21520551_EA

2⁷⁹* 500 mL Coca-Cola® beverages selected varieties
20827293_EA

4⁷⁹* 6x222 mL Coca-Cola® beverages selected varieties
20354227001_C06

4⁹⁹* 414 mL CORE POWER® high protein milk shake selected varieties
2173564_EA

*Plus applicable taxes, levies, deposits and fees. Valid at participating locations for a limited time. Subject to availability while supplies last. Not valid in conjunction with any other offer. Retailer may sell for less. All products must be purchased at the same time, single units at regular price. The trademarks that appear are the property of their respective trademark owners.

Freshmart

SuperValu Value and freshness SHOP EASY

Quantities and/or selection of items may be limited and may not be available in all stores. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to any savings claims (ie. "Save", "Was", "1/2 Price", etc.) is in comparison to our lowest regular retail prices at Freshmart locations. **Savings on items shown may vary in each store location.** Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. Prices not applicable At-The-Pumps gas bar locations. ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaw's Inc. and others. All rights reserved. © 2026 Loblaw's Inc.

Produce Canadian

PEFC
PEFC01-31-106
PEFC Certified
www.pefc.org

SESV BACK

FROM THURSDAY, MAY 14TH TO WEDNESDAY, MAY 20TH, 2026



Insiders Report™

Summer



Must Try!

\$3

PC® MANGO CRIMSON PEACH
PRODUCT OF MEXICO
EACH



Must Try!

\$7

PC® TOMATOES
SELECTED VARIETIES, PRODUCT OF U.S.A.
340 G



Must Try!

\$8

PC® DATES
SELECTED VARIETIES,
PRODUCT OF SAUDI ARABIA
400 G

PC® SQUEEZE & DRIZZLE
SPREADS
SELECTED VARIETIES
255 ML
21732656_EA/21732656_EA

\$5



Must Try!



Must Try!

\$6.50

PC® SMOKED CHICKEN SAUSAGE
SELECTED VARIETIES, 375 G
21732121_EA



Must Try!

\$7

PC® TRADITIONAL SPANISH OMELETTE
TORTILLA ESPANOLA
600 G
21714876_EA



New!

PC® CHOP BIG SMASH KIT
PRODUCT OF CANADA
303 G
21731567_EA

\$6



New!

\$7

PC® BLACK LABEL LEMON & BUFFALO RICOTTA
PREMIUM FILLED EGG PASTA
250 G
21706981_EA



New!

\$9

PC® OAXACA FIRM UNRIPENED CHEESE
OR PC® COTIJA HARD UNRIPENED CHEESE
190/290 G
21706793_EA/21707616_EA



New!

\$12

PC® CHICKEN BREAST BITES
OR HALAL STRIPS AND SKEWERS
300 G
21711098_EA/21711263_EA



New!

PC® SMOKIN' STAMPEDE
SWEET & BOLD BARBECUE SAUCE
500 ML
21021456_EA

\$4

PC® COLA
OR GINGER ALE
ZERO SUGAR
SELECTED VARIETIES
2 L
21703702_EA/21703885_EA

2/\$3



New!

PRICES EFFECTIVE FOR 8 WEEKS - FROM THURSDAY, MAY 14TH TO WEDNESDAY, JULY 8TH, 2026



Insiders Report™

Summer



Must Try!

\$5

PC® LAYERED TORTILLA BOWL
SELECTED VARIETIES
300 G
21716545_EA



Must Try!

\$13

PC® THE SIZZLE WHEEL CHILI CRISP
OR GARLIC & HERB SHRIMP
300 G
21704047_EA/21704114_EA

PC®
GUAVA LEMONADE
SELECTED VARIETIES
1.89 L
21706967_EA

\$3



Must Try!



Must Try!

\$3.50

PC® ORGANICS PLANT BASED SOUR CREAM &
ONION FLAVOUR BAKED CORN RING PUFFS OR
CHEDDAR BAKED CORN CRUNCHIES
SELECTED VARIETIES, 142 G
21716046_EA/21716109_EA



Must Try!

\$12

PC® TRIPLELICIOUS VERY STRAWBERRY
CHEESECAKE LAYERED PIE
730 G
21716096_EA



Must Try!

\$5

PC® SCOOP SHOP RAINBOW TRAIL
OR PINA COLADA ICE CREAM
SELECTED VARIETIES, FROZEN
946 ML
21706459_EA/21706621_EA/21706641_EA

PC® LOADS OF
NANAIMO BAR
ICE CREAM BARS
SELECTED VARIETIES,
FROZEN
4 X 72 ML
21707047_EA

\$5



New!

\$11

PC® BRAZIL
SINGLE ORIGIN
LIGHT ROAST
COFFEE
340 G
21668472_EA



New!

PC® KETTLE COOKED,
LOADS OF™ FLAVOUR
OR WORLD OF FLAVOURS
POTATO CHIPS
SELECTED VARIETIES
200 G
21711973_EA/21712080_EA/
21712032_EA/21712058_EA

\$2.50



New!

PC®
NUTRITION FIRST®
GRAIN-FREE
SALMON RECIPE
DRY CAT FOOD
2 KG
21305872_EA

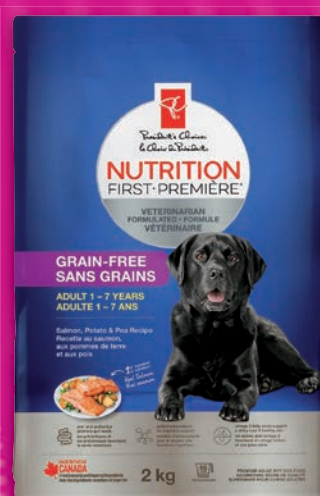
\$14



Must Try!

PC®
NUTRITION FIRST®
GRAIN-FREE
SALMON RECIPE
DRY DOG FOOD
2 KG
21307661_EA

\$13



Must Try!

PRICES EFFECTIVE FOR 8 WEEKS - FROM THURSDAY, MAY 14TH TO WEDNESDAY, JULY 8TH, 2026

Long Weekend Deals!



4.99

MCCAIN FRIES OR HASHBROWNS
SELECTED VARIETIES,
FROZEN
1.5 KG
20799761_EA



2/\$8
OR
\$4 EA.

DR. OETKER GIUSEPPE GARLIC FINGERS
FROZEN
317 G
21164021_EA



4.79

PEPSI MINI CANS
SELECTED VARIETIES
6 X 222 ML
20857560004_C06



3.49

NO NAME® NATURALLY IMPERFECT™ FROZEN FRUIT
SELECTED VARIETIES
300/400 G
21545095_EA



5.49

MAGNUM BARS
SELECTED VARIETIES,
FROZEN, 3/4'S
20342005003_EA/21575849_EA



7.99

MAISON PERRIER SPARKLING WATER
8 X 330 ML OR
CHIC 4 X 250 ML
NON-ALCOHOLIC DRINKS
SELECTED VARIETIES
21575556_C08/21723324_C04



2.49

PC® APPLETREE™
6 X 100 ML OR SQUEEZE
4 X 90 G **FRUIT SNACKS**
SELECTED VARIETIES
20309701002_EA/20939686_EA



4.99

PC® THE DECADENT® COOKIES
SELECTED VARIETIES
280/300 G
20612257_EA/20612260_EA



3/\$8
OR
\$2.67 EA.

NERDS GUMMY CLUSTERS OR HARIBO GUMMIES OR CANDIES
SELECTED VARIETIES
142-175 G
21564627_EA/21716304_EA



3.99

PC® BLUE MENU GRANOLA CEREAL OR CEREAL BOOSTER
SELECTED VARIETIES
325-475 G
20631288002_EA/21315327_EA



4.79

EAGLE BRAND CONDENSED MILK 300 ML OR NESTLÉ COFFEE-MATE 450 G
SELECTED VARIETIES
20309221002_EA/21012618_EA



5.29

NO NAME® PEANUT BUTTER
SELECTED VARIETIES
1 KG
20296985001_EA/20296985002_EA



3.29

SENSIBLE PORTIONS VEGGIE CHIPS OR KETTLE CHIPS
120-198 G
20971574_EA/21520654_EA



2.49

STOVE TOP STUFFING
SELECTED VARIETIES
120 G
20009589001_EA/20310507001_EA



3.49

PC® HERBS AND SPICES
SELECTED VARIETIES
7-82 G
21116905_EA/21117318_EA



2.49

DOLE PINEAPPLE
SELECTED VARIETIES
398 ML
20136767003_EA/20136767004_EA



3.99

CLOVER LEAF WHITE TUNA
SELECTED VARIETIES
170 G
20326358001_EA/20326358003_EA



7.49

KRAFT PARMESAN CHEESE 250 G OR PIZZA MIX 850 G
SELECTED VARIETIES
20013009001_EA/21528135_EA





Nestea®
selected varieties
12 X 341 mL
21687040_C12

6⁹⁹

Used under license by Canada Dry Mott's Inc.
NESTEA® Registered Trademark of Société des Produits Nestlé S.A., Vevey, Switzerland.



Corona® 0.0%
12 X 355 mL
21650617_C12

18⁹⁹

ENJOY RESPONSIBLY. Must be legal drinking age.
Alcohol-free beer with natural flavour and vitamin D.
©/MD TRADEMARKS GRUPO MODELO, S. DE R.L. DE C.V., LIC. USE / SOUS LIC.



Mott's® Clamato®
selected varieties
1.89 L
20318955002_EA

3⁹⁹

Trademark used under license by Canada Dry Mott's Inc.



Budweiser Zero*
12 X 355 mL
21295370_C12

13⁹⁹

ENJOY RESPONSIBLY. Must be legal drinking age.
*MD/©/MC/TM ANHEUSER-BUSCH, LLC. ST. LOUIS, MO., SOUS LIC. / LIC. USE.



SO MANY
REESE'S,
SO LITTLE TIME.



HERSHEY King Bars,
selected varieties
62 - 85 g
20581774_EA

4/\$9

OR \$2.25 EA.



HERSHEY Packaged Candy,
selected varieties
160 - 270 g
20503970004_EA

5⁹⁹



HERSHEY Large Bars,
selected varieties
90 - 120 g
20582012_EA

2⁹⁹

HERSHEY Single Bars,
selected varieties
39 - 58 g
20683745_EA

3/\$5

OR 1.67 EA.



Tostitos® tortilla chips 205 - 295 g or
Tostitos® salsa or dip 394 - 418 mL / 432 g or Ruffles® dip 425 g
selected varieties

20673717_EA/21050575_EA

4⁴⁹



Ruffles® potato chips 180 - 200 g or
Cheetos® cheese flavoured snacks 170 - 285 g; EXCLUDES
Simply Cheetos® [227 - 241 g]
selected varieties

21241146_EA/21370195_EA

4⁴⁹



Doritos® tortilla chips
selected varieties
210 - 235 g

21369118_EA

4⁴⁹



SunChips® multigrain snacks
selected varieties
205 g

21370317_EA/21721854_EA

3⁷⁹

Freshmart[®]

PROUDLY CANADIAN



Insiders Report™



**PRICES EFFECTIVE FOR 8 WEEKS
FROM THURSDAY, MAY 14TH
TO WEDNESDAY, JULY 8TH, 2026**

Must Try!



\$12

**PC® JERK CHICKEN BURGERS
FROZEN
852 G**

21714192_EA

Must Try!



**PC® THE DECADENT®
CHOCOLATE CHIP MUFFINS
SELECTED VARIETIES
4'S**

21717326_EA/21717562_EA

\$6

Must Try!



5⁷⁵

**PC® BLUE MENU®
PASSION FRUIT GUAVA FLAVOURED
SPARKLING WATER
12 X 355 ML**

21703743_C12

New!



**PC® ORANGE CHICKEN, PALAK
PANEER ENTRÉE 212-350 G OR
CARIBBEAN CHICKEN 300 G
SELECTED VARIETIES**

21716419_EA/21716438_EA/21716515_EA

\$4