

# Fresh

PROUDLY CANADIAN



President's Choice®

PC® OR PC® BLUE MENU®  
SALAD DRESSING  
SELECTED VARIETIES  
475 ML

20628488001\_EA/20864314\_EA

**2<sup>29</sup>**



PC® VEGETABLES  
SELECTED VARIETIES, FROZEN

350-750 G

20318915\_EA/21184694\_EA

**3<sup>49</sup>**



**5<sup>49</sup>**

PC® CHEESE BARS 300/400 G  
OR SHREDS 250-320 G  
SELECTED VARIETIES

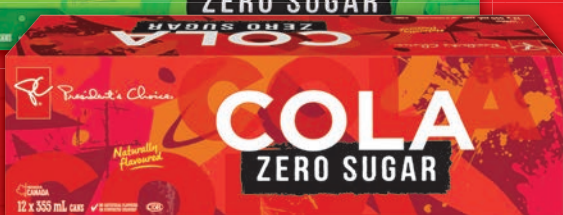
21060207\_EA/21333360\_EA



PC® SMOKIES™  
SELECTED VARIETIES  
1 KG

20732535\_EA/20733617\_EA

**9<sup>99</sup>**



**6<sup>75</sup>**

PC® SOFT DRINKS  
SELECTED VARIETIES  
12 X 355 ML

21747386\_C12/21747413\_C12



SEE OUR FLYER ONLINE  
VISIT FRESHMART.CA

FROM THURSDAY, MAY 21<sup>ST</sup> TO  
WEDNESDAY, MAY 27<sup>TH</sup>, 2026



**9<sup>89</sup>**

**NO NAME® NATURALLY IMPERFECT™  
POTATOES  
RED OR RUSSET  
PRODUCT OF CANADA  
20 LB**



**4<sup>99</sup>**

**ACE BISTROT LOAVES  
SELECTED VARIETIES  
545-700 G  
21616092\_EA/21707600\_EA**



**3<sup>99</sup>**

**CLASSICO PASTA SAUCE  
SELECTED VARIETIES  
410/600 ML  
20325609003\_EA/21618343\_EA**



**NO NAME®  
ICE CREAM SANDWICHES OR BARS  
SELECTED VARIETIES, FROZEN  
24/30'S  
21013432\_EA**

**10<sup>49</sup>**

# Freshmart<sup>®</sup>

**PROUDLY CANADIAN**

**SuperValu**<sup>®</sup>  
value and freshness

**SHOP EASY**<sup>®</sup>  
F · O · O · D · S



**4<sup>99</sup>**  
LB

**PORK BACK RIBS**  
CRYOVAC PACKAGE  
2'S  
11.00/KG  
20821141\_KG

**6<sup>49</sup>**  
LB

**LEAN GROUND BEEF**  
FAMILY SIZE  
14.31/KG  
20874394\_KG



**2<sup>29</sup>**  
LB

**RED, ORANGE OR YELLOW PEPPERS**  
PRODUCT OF CANADA  
5.05/KG

**3<sup>99</sup>**

**STRAWBERRIES**  
PRODUCT OF MEXICO OR U.S.A.,  
1 LB



**5<sup>99</sup>**

**SEAQUEST<sup>®</sup> COLOSSAL SHRIMP 16-20/LB,**  
300 G OR BAY SCALLOPS, 400 G  
FROZEN  
21043887\_EA/21558527\_EA

**7<sup>99</sup>**

**FREYBE PEPPERONI STICKS 500 G**  
OR ROMA SLICED PEPPERONI 900 G  
SELECTED VARIETIES  
20323265\_EA/21217461\_EA



**1<sup>49</sup>**

**2<sup>99</sup>**

**4<sup>49</sup>**

**OASIS, DEL MONTE OR ARIZONA JUICE**  
SELECTED VARIETIES  
960 ML/1 L  
20336722001\_EA/21719401\_EA

**CHRISTIE COOKIES**  
SELECTED VARIETIES  
224-303 G  
21358407\_EA/21361508\_EA

**INTERNATIONAL DELIGHT 946 ML OR TROPICANA**  
JUICE OR PURE LIFE ICED TEA 1.36-1.75 L  
SELECTED VARIETIES  
20895480002\_EA/21622130\_EA



**3<sup>99</sup>**

**9<sup>49</sup>**

**2<sup>49</sup>**

**SWANSON OR HUNGRY-MAN DINNER ENTRÉES**  
OR HEALTHY CHOICE SIMPLY STEAMERS  
SELECTED VARIETIES, FROZEN  
280-455 G  
20296014003\_EA/20318616004\_EA

**TERRA DELYSSA OLIVE OIL**  
1 L  
20729461\_EA

**PALMOLIVE 591/828 ML OR DAWN 431/473 ML**  
DISHWASHING LIQUID  
SELECTED VARIETIES  
21004368\_EA/21430576\_EA

# Freshmart<sup>®</sup>

PROUDLY CANADIAN



**4<sup>99</sup>**  
LB

**PORK BACK RIBS**  
CRYOVAC PACKAGE  
2'S  
11.00/KG  
20821141\_KG

**6<sup>49</sup>**  
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**2<sup>29</sup>**  
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**3<sup>99</sup>**

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**5<sup>99</sup>**

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**7<sup>99</sup>**

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**2<sup>99</sup>**

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**3<sup>99</sup>**

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**9<sup>49</sup>**

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1 L  
20729461\_EA

**2<sup>49</sup>**

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DISHWASHING LIQUID  
SELECTED VARIETIES  
21004368\_EA/21430576\_EA

# FRUITS & VEGETABLES



**2<sup>69</sup>**  
LB

**GREEN ZUCCHINI**  
PRODUCT OF MEXICO,  
NO. 1 GRADE  
5.39/KG

**3<sup>49</sup>**

**FARMER'S MARKET™  
CARROTS**  
PRODUCT OF CANADA  
2 LB BAG

**4<sup>69</sup>**

**CELERY STALKS**  
PRODUCT OF U.S.A.  
EACH



**1<sup>49</sup>**

**ATAULFO OR RED MANGO**  
PRODUCT OF  
BRAZIL OR MEXICO  
EACH

**3<sup>79</sup>**

**BLACKBERRIES OR  
RASPBERRIES**  
PRODUCT OF U.S.A.  
HALF PINT

**8<sup>99</sup>**

**SEEDLESS  
WATERMELONS**  
PRODUCT OF  
U.S.A. OR MEXICO  
EACH



**5<sup>49</sup>**

**PC® CARA CARA ORANGES** 3 LB,  
PRODUCT OF SPAIN OR  
**FARMER'S MARKET™ LEMONS** 3 LB,  
PRODUCT OF SOUTH AFRICA

**5<sup>99</sup>**

**FARMER'S MARKET™ CORN**  
PRODUCT OF U.S.A.  
4'S

**2<sup>99</sup>**

**PC® SALADS**  
PRODUCT OF U.S.A.,  
SELECTED VARIETIES  
142 G

**4<sup>49</sup>**

**RENÉE'S SALAD DRESSINGS**  
PRODUCT OF U.S.A.,  
SELECTED VARIETIES,  
355 ML

# BAKERY



**3<sup>49</sup>**

**D'ITALIANO BREAD** 600/675 G  
OR BUNS 6/8'S  
SELECTED VARIETIES  
20038335\_EA/20521048\_EA

**3<sup>49</sup>**

**FARMER'S MARKET™  
TWO-BITE BROWNIES®**  
265 G  
21450055\_EA

**4<sup>99</sup>**

**FARMER'S MARKET™ DONUTS**  
SELECTED VARIETIES  
288-600 G  
21559294\_EA/21559343\_EA

**12<sup>99</sup>**

**FARMER'S MARKET™ CAKE**  
SELECTED VARIETIES  
750-875 G  
21392550\_EA

# DAIRY & REFRIGERATED



**2<sup>29</sup>**

**PILLSBURY REFRIGERATED WRAPS**  
SELECTED VARIETIES  
200-391 G  
20317832003\_EA/21505340\_EA

**3<sup>49</sup>**

**PC® LEMONADE OR TEA**  
SELECTED VARIETIES, REFRIGERATED  
1.36 L  
21717221\_EA/21717124\_EA

**3<sup>99</sup>**

**DANONE DANINO YOGURT** 6 X 93 G  
OR **ACTIVIA YOGURT** 650 G  
SELECTED VARIETIES  
20325132003\_EA/21520250\_EA

**3<sup>49</sup>**

**FOREMOST DAIRIES OR  
DAIRYLAND SOUR CREAM**  
SELECTED VARIETIES  
500 ML  
20040329\_EA/20275966001\_EA

# MEAT & SEAFOOD



**3<sup>99</sup>**  
LB

**CHICKEN LEG  
QUARTERS  
BACK ATTACHED  
FRESH**  
8.80/KG  
20790513\_KG

**4<sup>49</sup>**  
LB

**PORK TENDERLOIN  
FRESH,  
CRYOVAC PACKAGE  
2'S**  
9.90/KG  
20520970\_KG

**11<sup>99</sup>**

**PC®  
WORLD OF FLAVOURS  
PORK ROAST  
SELECTED VARIETIES**  
730/900 G  
21603108\_EA/21603234\_EA



**6<sup>49</sup>**

**PC® BACON OR  
BREAKFAST SAUSAGES  
SELECTED VARIETIES**  
375 G  
21584308\_EA/21738792\_EA



**16<sup>99</sup>**

**BUTCHER'S CHOICE®  
SAUSAGES  
SELECTED VARIETIES,  
CLUB SIZE, 1.45 KG**  
21218891\_EA



**5<sup>49</sup>**

**ASIAN INSPIRATIONS  
ENTRÉES  
SELECTED VARIETIES,  
FROZEN**  
400 G  
21047353\_EA/21047376\_EA



**6<sup>99</sup>**

**SEAQUEST®  
PINK SALMON FILLETS**  
400 G  
21314740\_EA



**9<sup>99</sup>**

**SEAQUEST®  
COOKED SALAD SHRIMP  
FROZEN**  
454 G  
20180352\_EA



**13<sup>99</sup>**

**SWISS CHALET  
BBQ PORK BACK RIBS  
600 G OR MONTANA'S  
BBQ PORK BACK RIBS  
650 G OR NO NAME®  
CHICKEN WINGS 908 G**  
SELECTED VARIETIES  
21022221\_EA



**4<sup>49</sup>**

**ZABIHA HALAL CHICKEN BREAST  
200 G OR BREAKFAST CHICKEN  
STRIPS 375 G**  
20105121\_EA/20911611\_EA



**5<sup>99</sup>**

**MARCANGELO SHAWARMA  
CHICKEN BREAST STRIPS**  
200 G  
21613514\_EA



**7<sup>99</sup>**

**ZABIHA HALAL JUICY SUPREME  
CHICKEN HOT DOGS  
SELECTED VARIETIES**  
900 G  
20911445\_EA



**9<sup>99</sup>**

**SUFRA® HALAL LEAN  
GROUND BEEF**  
454 G  
21397283\_EA

# DELI MEAT & CHEESE



**2<sup>79</sup>**  
/100 G

**PC® NATURAL CHOICE  
TURKEY OR CHICKEN  
DELI SERVICE CASE,  
SELECTED VARIETIES**  
20302980\_KG

**3<sup>49</sup>**

**PC® GOAT CHEESE  
SELECTED VARIETIES**  
140 G  
21722565\_EA/21722618\_EA

**6<sup>49</sup>**

**PC® FETA CHEESE 400 G  
OR PC® DELI CHEESE BLOCK 250 G**  
SELECTED VARIETIES  
20219690\_EA/20770652\_EA

**9<sup>99</sup>**

**SUMMER FRESH SALADS  
SELECTED VARIETIES**  
750/800 G  
20094285\_EA/20250919\_EA

# GROCERY



**.99**

**YOPLAIT YOGURT DRINKS 200 ML OR BEATRICE OR DAIRYLAND MILK 473 ML SELECTED VARIETIES**  
21478178\_EA/21478195\_EA



**349**

**NO NAME® NON-HYDROGENATED 907 G OR IMPERIAL SOFT 400 G MARGARINE**  
20104196\_EA/21747189\_EA



**279**

**PEPSI SOFT DRINKS 591 ML OR ROCKSTAR ENERGY DRINKS 473 ML SELECTED VARIETIES**  
20321598002\_EA/20368415003\_EA



**349**

**PC® WATER 24 X 500 ML OR KOOL-AID, MIO, CRYSTAL LIGHT, TANG OR COUNTRY TIME LIQUID DRINK MIX 48 ML SELECTED VARIETIES**  
20137898\_C24/20565119002\_EA



**249**

**CAVENDISH FARMS FRIES SELECTED VARIETIES, FROZEN 800 G**  
21559976\_EA



**1149**

**EL MONTEREY TAQUITOS SELECTED VARIETIES, FROZEN 595 G**  
21022952\_EA



**449**

**BREYERS CLASSIC FROZEN DESSERT SELECTED VARIETIES 1.41 L**  
21651628\_EA



**249**

**ANNIE'S GLUTEN-FREE OR VEGAN MACARONI AND CHEESE SELECTED VARIETIES 149-170 G**  
20420057\_EA/20811201\_EA



**10<sup>99</sup>**

**NO NAME® FLOUR CLUB SIZE, SELECTED VARIETIES 10 KG**  
20022248\_EA



**549**

**KRAFT SMOOTH PEANUT BUTTER 500 G OR BONNE MAMAN JAM OR HAZELNUT SPREAD 250-280 ML SELECTED VARIETIES**  
20132369001\_EA/20307313001\_EA



**599**

**KELLOGG'S CEREAL 306-460 G OR QUAKER INSTANT OATS FAMILY SIZE 360-774 G SELECTED VARIETIES**  
20015041\_EA/21520660\_EA



**25<sup>99</sup>**

**PC® ROAST AND GROUND COFFEE 800-930 G OR PODS 30'S SELECTED VARIETIES**  
21038762\_EA/21393573\_EA



**279**

**DARE CRACKERS, TOAST, BAGUETTE OR VEGGIE CRISPS SELECTED VARIETIES 100-225 G**  
20313040001\_EA/20973368\_EA/21520682\_EA



**2/\$5**

**OR \$2.50 EA.**  
**SNACK PACK PUDDING OR JUICY GELS OR PUDDINGS SELECTED VARIETIES 4 X 99 G**  
20310707006\_EA/21194844\_EA



**2/\$7**

**OR \$3.50 EA.**  
**OLD DUTCH POTATO CHIPS OR SNACKS 200-290 G, ARRIBA 235/245 G OR RESTAURANTE TORTILLA CHIPS 275/290 G SELECTED VARIETIES**  
21445100\_EA/21646697\_EA



**4/\$9**

**OR \$2.25 EA.**  
**NESTLÉ, MARS OR CADBURY KING SIZE CHOCOLATE BARS SELECTED VARIETIES 50-86 G**  
20574273\_EA/20686572005\_EA/21671941\_EA



**5/\$2**

**OR 40¢ EA.**  
**MR. NOODLES INSTANT NOODLES SELECTED VARIETIES 85 G**  
20183528\_EA/20322658001\_EA



**279**

**AYLMER ACCENTS TOMATOES SELECTED VARIETIES 540 ML**  
21207591\_EA/21207613\_EA



**399**

**BICK'S PICKLES OR SANDWICH SAVERS SELECTED VARIETIES, 500 ML**  
21668742\_EA/21713804\_EA



**449**

**MINUTE RICE SELECTED VARIETIES 500-700 G**  
20310858\_EA/20695766\_EA



**499**

**PINE-SOL CLEANER 1.41 L OR WINDEX CLEANER 765/950 ML SELECTED VARIETIES**  
20125323001\_EA/20298679002\_EA



**549**

**NO NAME® BATHROOM TISSUE 12=24 ROLLS OR PAPER TOWELS 6=12 ROLLS SELECTED VARIETIES**  
21624748\_EA/21636318\_EA



**179**

**BLUE BUFFALO DELIGHTS OR CESAR DOG FOOD SELECTED VARIETIES 100 G**  
20323206002\_EA/21360295\_EA



**699**

**FRISKIES DRY CAT FOOD SELECTED VARIETIES 1.4-1.5 KG**  
20912515\_EA



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# Grocery Essentials



**3<sup>29</sup>**

**PILLSBURY TOASTER STRUDEL**  
SELECTED VARIETIES  
326 G  
20172664002\_EA



**4<sup>79</sup>**

**PC® FLATBREAD PIZZAS**  
SELECTED VARIETIES,  
FROZEN  
330-405 G  
21013867\_EA/21669349\_EA



**5<sup>49</sup>**

**NO NAME® FISH**  
SELECTED VARIETIES,  
FROZEN  
454 G  
21672264\_EA



**3<sup>79</sup>**

**PC® CRANBERRY OR TOMATO COCKTAIL** 1.89 L OR ARIZONA, DEL MONTE OR OASIS TETRA JUICE 8 X 200 ML  
SELECTED VARIETIES  
20307025001\_EA/20315764002\_EA



**4<sup>49</sup>**

**KOOL-AID JAMMERS** 10 X 180 ML OR NESTEA ICED TEA - THE GLACE A LA PECHÉ AROMATISÉ NATURELLEMENT 10 X 200 ML  
SELECTED VARIETIES  
20079976002\_C10/21687007\_EA



**6<sup>49</sup>**

**iÖGO FROZEN YOGURT** 946 ML OR BARS 4/8'S  
SELECTED VARIETIES,  
FROZEN  
21650572\_EA/21654419\_EA



**1<sup>99</sup>**

**NO NAME® POTATO CRISPS, CORN CHIPS OR CHEESE SNACKS**  
SELECTED VARIETIES  
142-200 G  
20322677\_EA/20946414\_EA



**2<sup>99</sup>**

**QUAKER CRISPY MINIS RICE CAKES, CHIPS** 90-199 G OR BARS 120-156 G  
SELECTED VARIETIES  
20163708002\_EA/20847582\_EA



**4<sup>99</sup>**

**CARNABY SWEET GUMMIES** 500 G OR LINDT EXCELLENCE OR SWISS CLASSIC CHOCOLATE BARS 50-100 G  
SELECTED VARIETIES  
20296856001\_EA/21363890\_EA



**2<sup>99</sup>**

**KIJU ORGANIC FRUIT JUICE** 1 L OR PC® ORGANICS, ORGANIC UNSWEETENED APPLE SAUCE 113 G OR 6 X 100 ML  
SELECTED VARIETIES  
20312710001\_EA/20320493002\_EA



**5<sup>49</sup>**

**NO NAME® LIQUID OR CREAMED HONEY** 500 G OR CHOCOLATE HAZELNUT SPREAD 725 G  
SELECTED VARIETIES  
20129324\_EA/20683943\_EA



**6<sup>99</sup>**

**PC® OR BLUE MENU CEREAL** 525-775 G OR KODIAK POWER PANCAKE MIX 510-621 G  
SELECTED VARIETIES  
21209747\_EA/21424770\_EA



**2<sup>79</sup>**

**NO NAME® WHITE VINEGAR**  
4 L  
20102756\_EA



**2<sup>99</sup>**

**CELESTIAL SEASONINGS OR PC® HERBAL TEA**  
SELECTED VARIETIES  
20'S  
20296925001\_EA/20308417\_EA



**3<sup>79</sup>**

**NO NAME® FLOUR** 2.5 KG OR KRAFT SHAKE 'N BAKE COATING MIX 142-160 G  
SELECTED VARIETIES  
20013256\_EA/21548016\_EA



**1<sup>99</sup>**

**UNICO BEANS**  
SELECTED VARIETIES  
540 ML  
20313447001\_EA/20313447006\_EA



**2<sup>49</sup>**

**UNICO TOMATOES**  
SELECTED VARIETIES  
796 ML  
20314629001\_EA/20314629005\_EA



**3<sup>29</sup>**

**MAPLE LEAF FLAKES**  
SELECTED VARIETIES  
156 G  
20298273003\_EA/20298273005\_EA

# Freshmart<sup>®</sup>

PROUDLY CANADIAN



President's Choice<sup>®</sup>

PC<sup>®</sup> OR PC<sup>®</sup> BLUE MENU<sup>®</sup>  
SALAD DRESSING  
SELECTED VARIETIES  
475 ML

20628488001\_EA/20864314\_EA

**2<sup>29</sup>**



PC<sup>®</sup> VEGETABLES  
SELECTED VARIETIES, FROZEN  
350-750 G

20318915\_EA/21184694\_EA

**3<sup>49</sup>**



**5<sup>49</sup>**

PC<sup>®</sup> CHEESE BARS 300/400 G  
OR SHREDS 250-320 G  
SELECTED VARIETIES

21060207\_EA/21333360\_EA



PC<sup>®</sup> SMOKIES<sup>™</sup>  
SELECTED VARIETIES  
1 KG

20732535\_EA/20733617\_EA

**9<sup>99</sup>**



**6<sup>75</sup>**

PC<sup>®</sup> SOFT DRINKS  
SELECTED VARIETIES  
12 X 355 ML

21747386\_C12/21747413\_C12



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VISIT FRESHMART.CA  
FROM THURSDAY, MAY 21<sup>ST</sup> TO  
WEDNESDAY, MAY 27<sup>TH</sup>, 2026