

Fresh

PROUDLY CANADIAN

MAKE YOUR Perfect Burger



19⁹⁹

PC® BEEF BURGERS
SELECTED VARIETIES, FROZEN
1.02/1.36 KG

20941230_EA/20941343_EA



PC® DELI CHEESE SLICES
SELECTED VARIETIES
140-170 G

20250268_EA/20250947_EA

3⁹⁹



\$9

**FARMER'S MARKET™
ROMA TOMATOES**
PRODUCT OF CANADA
3 LB



HELLMANN'S REAL MAYONNAISE
SELECTED VARIETIES

710-890 ML

20618579001_EA/21518360_EA

5⁹⁹



**SEE OUR FLYER ONLINE
VISIT FRESHMART.CA**

**FROM THURSDAY, MAY 28TH TO
WEDNESDAY, JUNE 3RD, 2026**

Hot Deals of the WEEK



179

**NO NAME® POTATO CHIPS
SELECTED VARIETIES
200 G**

21302821_EA/21302937_EA



179

**NO NAME® PASTA NOODLES
340-900 G**

20315613003_EA/20323261_EA



199

**CLOVER LEAF LIGHT OR
FLAVOURED TUNA 170 G OR
BRUNSWICK SARDINES 92-106 G
SELECTED VARIETIES**

20018117001_EA/20322242001_EA



**MADEGOOD BARS, COOKIES, MINI'S,
CRISPY OR CRUNCHY SQUARES
SELECTED VARIETIES
24-150 G**

20927046_EA/21355184_EA

379



399

**BABYBEL 102-133 G OR THE LAUGHING COW
133 G OR DIPPERS 140 G CHEESE
OR KIRI CREAM CHEESE 144 G
SELECTED VARIETIES**

20319107_EA/20574332_EA

Freshmart®

PROUDLY CANADIAN

SuperValu®
value and freshness

SHOP EASY®
F · O · O · D · S



349
LB

FRESH WHOLE CHICKEN
7.69/KG
20147976_KG



749
LB

INSIDE ROUND MARINATING STEAK*
16.51/KG
20794583_KG



329

ICEBERG LETTUCE
PRODUCT OF U.S.A.
EACH



519

FARMER'S MARKET™ ORANGES,
PRODUCT OF SPAIN OR MOROCCO
OR GRAPEFRUIT, PRODUCT OF U.S.A.
3 LB



279

PC® DIP OR HUMMUS
SELECTED VARIETIES
200-280 G
20583408_EA/20584097_EA
21092033_EA



329

WONDER HAMBURGER
OR HOTDOG BUNS
SELECTED VARIETIES
6-12'S
20520827_EA/20520828_EA



349

BECEL 400/454 G
OR BECEL PLANT
BASED BRICKS
454 G OR SIMPLY
DRINKS OR
LEMONADE 1.54 L
SELECTED VARIETIES
21747653_EA/21170793_EA



2/\$5
OR
\$2.50 EA.

PEPPERIDGE FARM GOLDFISH SNACK
CRACKERS 156-227 G OR DARE BEAR PAWS
COOKIES 168-240 G
SELECTED VARIETIES
20300320_EA/21713824_EA



2/\$7
OR
\$3.50 EA.

KELLOGG'S CEREAL 250-355 G
OR FUN PAC 210 G
SELECTED VARIETIES
21652110_EA/21652133_EA



449

DR. OETKER RISTORANTE
OR CASA DI MAMA PIZZA
SELECTED VARIETIES, FROZEN
320-410 G
20296424001_EA/20852957_EA



549

ROGERS SUGAR
4 KG
20171831_EA



399

PURE LIFE NATURAL SPRING WATER
24 X 500 ML
20060696_C24



699

PUREX BATHROOM TISSUE 12 DOUBLE ROLLS,
SPONGETOWELS PAPER TOWELS 3=6 ROLLS
OR SCOTTIES FACIAL TISSUE 6'S
SELECTED VARIETIES
20318667_EA/21186225_EA

Freshmart®

PROUDLY CANADIAN



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20147976_KG



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LB

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20583408_EA/20584097_EA
21092033_EA



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6-12'S
20520827_EA/20520828_EA



349

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21747653_EA/21170793_EA



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20300320_EA/21713824_EA



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21652110_EA/21652133_EA



449

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OR **CASA DI MAMA PIZZA**
SELECTED VARIETIES, FROZEN
320-410 G
20296424001_EA/20852957_EA



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4 KG
20171831_EA



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OR **SCOTTIES FACIAL TISSUE 6'S**
SELECTED VARIETIES
20318667_EA/21186225_EA

FRUITS & VEGETABLES



3⁴⁹

NO NAME® NATURALLY IMPERFECT™ MINI CUCUMBERS
PRODUCT OF CANADA
2 LB

2⁷⁹
LB

GREEN ZUCCHINI
PRODUCT OF U.S.A. OR MEXICO
6.15/KG

1⁹⁹
LB

ONIONS SWEET
PRODUCT OF U.S.A.
4.39/KG



1⁹⁹
LB

BARTLETT OR BOSCH PEARS
PRODUCT OF SOUTH AFRICA OR ARGENTINA
4.39/KG

3⁹⁹
LB

APRICOTS OR NECTARINES
PRODUCT OF U.S.A.
8.80/KG

7⁹⁹

NO NAME® NATURALLY IMPERFECT™ APPLES
PRODUCT OF CANADA
6 LB



.89

KIWI
PRODUCT OF GREECE
EACH

4⁴⁹

FRENCH BEANS OR PC® GREEN BEANS
PRODUCT OF GUATEMALA, MEXICO OR U.S.A.
340-400 G
20889720_EA

4⁹⁹

NO NAME® NATURALLY IMPERFECT™ CORN 7'S, PRODUCT OF U.S.A. OR MUSHROOMS 680 G
WHITE WHOLE OR BROWN WHOLE
PRODUCT OF CANADA

1⁴⁹
LB

GREEN OR RED CABBAGE
PRODUCT OF U.S.A.
3.28/KG

BAKERY



2⁹⁹

WONDER BREAD
SELECTED VARIETIES
570 G
20276296_EA/20771852_EA

3⁹⁹

FARMER'S MARKET™ WHOLE OR SLICED LOAF CAKES
SELECTED VARIETIES
344-400 G
20565382_EA/21542157_EA

5⁹⁹

FARMER'S MARKET™ BUTTER TARTS OR QUINN'S SWISS ROLLS
SELECTED VARIETIES
400-510 G
21629191_EA/21392536_EA

8⁹⁹

FARMER'S MARKET™ PIES
SELECTED VARIETIES
580 G-1 KG
21297365_EA/21297367_EA

DAIRY & REFRIGERATED



4⁹⁹

KRAFT SINGLES OR BLACK DIAMOND CHEDDAR SLICES OR Velveeta Slices
SELECTED VARIETIES
410 G
21188654_EA/21252564_EA

5⁴⁹

OASIS ORANGE JUICE, BLENDS OR SMOOTHIE
1.5/1.6 L
21376778_EA/21529910_EA

9²⁹

PC® BLUE MENU® EGG WHITES
REFRIGERATED
1 KG
20821364002_EA

9⁹⁹

iöGO YOGURT
SELECTED VARIETIES
2 KG
20636092_EA/20690267_EA

MEAT & SEAFOOD



PARTICIPATING STORES

9⁹⁹
LB

FRESH PLAIN OR MARINATED BEEF KEBABS MADE IN STORE 22.02/KG

4⁴⁹
LB

PORK LOIN CENTRE-CUT CHOPS OR ROAST BONELESS, FAMILY SIZE 9.90/KG 20856987_KG

15⁹⁹

STRIP LOIN STEAK* PRODUCT OF NEW ZEALAND 300 G 21624177_EA



5⁹⁹

PC® SAUSAGE SELECTED VARIETIES 500 G 21584342_EA

7⁹⁹

GRASS FED LEAN GROUND BEEF 450 G 21615428_EA

8⁹⁹
LB

CHICKEN BREAST FILLETS CLUB SIZE 19.82/KG 20695348_KG



7⁹⁹

SEAQUEST® CALAMARI RINGS 340 G OR FISH FILLETS 400 G SELECTED VARIETIES, FROZEN 20027170_EA/20036614_EA

9⁹⁹

PC® APPETIZERS SELECTED VARIETIES, FROZEN 170-574 G 20080117_EA/21538572_EA

15⁹⁹

PC® PORK BACK RIBS 680 G OR CHICKEN WINGS 907 G SELECTED VARIETIES 20071715_EA/20708932_EA



7⁹⁹

PC® PACIFIC LARGE WHITE SHRIMP RAW OR COOKED PEEL OR RAW ZIPPERBACK® 31-40 PER LB, 400 G FROZEN 20789931_EA/20791381_EA

9⁹⁹

NO NAME® SMOKIES™ 900 G OR GARLIC COIL 750 G SELECTED VARIETIES 20090793_EA/20734142_EA

12⁹⁹

NO NAME® ORIGINAL HOT DOGS, CLUB PACK®, 1.5 KG OR THICK SLICED BACON 1 KG 20961816_EA/21389815_EA

15⁹⁹

PC® CHICKEN BURGERS OR PC® BLUE MENU® TURKEY BURGERS FROZEN, 1.13 KG 20155317_EA/20956689_EA

DELI MEAT & CHEESE



2²⁹
/100 G

ZIGGY'S MONTREAL-STYLE SMOKED, ROAST OR CORNED BEEF SELECTED VARIETIES, SLICED 21020569_KG

5⁹⁹

PC® SPLENDIDO® SLICED MEATS SELECTED VARIETIES 100 G 21049131_EA/21050405_EA

5⁹⁹

PC® BOCCONCINI 200 G OR PC® RICOTTA 454 G OR ZERTO SHREDDED CHEESE 140 G SELECTED VARIETIES 20219848_EA/20546983_EA

7⁴⁹

PC® OR PC® BLACK LABEL CHEESE BLOCK 200/250 G OR MOZZARELLA BALL 340 G OR HALLOOM CHEESE 250 G, SELECTED VARIETIES 20563213_EA/21504351_EA

*CUT FROM CANADA AA GRADE BEEF OR HIGHER

GROCERY



379

LIBERTÉ MÉDITERRANÉE 500 G/4 X 100 G OR GREEK 4X100 G CRUNCH 2 X 130 G OR YOPLAIT SOURCE PROTEIN TUBS SELECTED VARIETIES
21473714_EA/21588406_EA



10⁹⁹

ARMSTRONG CHEESE BARS SELECTED VARIETIES 600 G
21255902_EA/21256609_EA



279

COCA-COLA, PEPSI OR CANADA DRY SOFT DRINKS SELECTED VARIETIES 2 L
20296926002_EA/20316026002_EA



249

SUNRYPE 100% JUICE OR FRUIT & VEGETABLE BLEND SELECTED VARIETIES 5 X 200 ML/900 ML/1 L
20640102001_EA/21235354_EA



299

NO NAME® VEGETABLES SELECTED VARIETIES, FROZEN 750 G
20302205_EA/20304191_EA



349

MCCAIN PIZZA POCKETS SELECTED VARIETIES, FROZEN 3'S
21026061_EA



549

HÄAGEN-DAZS ICE CREAM 400-450 ML OR NOVELTIES 3/4'S SELECTED VARIETIES
20302298001_EA/21513555_EA



1449

BOOST READY TO DRINK SHAKES SELECTED VARIETIES 237-325 ML
20319843_C06



499

PC® THE DECADENT® CHOCOLATE CHIPS 270-300 G OR E.D.SMITH PIE FILLING 540 ML SELECTED VARIETIES
20011473_EA/20297753001_EA



399

QUAKER INSTANT OATMEAL 168-344 G OR SUNRYPE FRUIT TO GO BITES FRUIT SNACK 112 G SELECTED VARIETIES
21190254_EA/21637824_EA



429

PEARL MILLING COMPANY PANCAKE OR WAFFLE MIX 905 G OR SYRUP 710 ML, SELECTED VARIETIES
21384618_EA/21391619_EA



819

NESCAFÉ OR TASTER'S CHOICE INSTANT COFFEE 100-170 G OR SWEET & CREAMY 16/18'S SELECTED VARIETIES
20661811001_EA/20873036_EA



349

CHRISTIE CRACKERS SELECTED VARIETIES 30-200 G
21030647_EA/21547034_EA



329

DARE WHIPPET OR ULTIMATE COOKIES SELECTED VARIETIES 250-300 G
20783328001_EA/20974349_EA



329

POP-TARTS PASTRIES 384 G, RICE KRISPIES SQUARES BARS 176 G OR NUTRI-GRAIN BARS 295 G SELECTED VARIETIES
20126567001_EA/21290059_EA



579

NESTLÉ OR MARS CHOCOLATE STAND UP POUCHES SELECTED VARIETIES 76-203 G
21571768_EA/21648229_EA



249

CHEF BOYARDEE PASTA SELECTED VARIETIES 418/425 G
20312500003_EA/20312500005_EA



.79

SAPPRO ICHIBAN NOODLES SELECTED VARIETIES 100 G
20275907001_EA/20275907004_EA



329

BEN'S BISTRO RICE SELECTED VARIETIES 240-250 G
21404864_EA/21404899_EA



349

NO NAME® KETCHUP 1 L
20102426_EA



699

GLAD GARBAGE BAGS 26-52'S OR PUREX, SUNLIGHT OR OLD DUTCH LAUNDRY DETERGENT 2-4 L, SELECTED VARIETIES
20297334001_EA/20856516002_EA



949

ROYALE BATHROOM TISSUE SELECTED VARIETIES 15-30 ROLLS
21187145_EA



125

WHISKAS CAT FOOD SELECTED VARIETIES 75 G
20944971_EA/21383318_EA



749

CALEDON FARMS FREEZE DRIED DOG TREATS OR CHEWY STICKS 90-220 G OR WHISKAS TEMPTATIONS TREATS 454 G
21011755_EA/21550216_EA

Freshmart

SuperValu SHOP EASY Value and freshness. Freshmart

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Summer Favourites



2.49 BAGEL BITES
SELECTED VARIETIES,
FROZEN
198 G
20213483003_EA



3.29 CHEEMO PEROGIES
SELECTED VARIETIES,
FROZEN
815/907 G
20527369_EA



12.99 HIGH LINER
PAN-SEAR SELECTS
OR SIGNATURE CUTS
BITES OR FISH
SELECTED VARIETIES,
FROZEN
425-540 G
21186254_EA



4.99 NO NAME® WAFFLES
SELECTED VARIETIES,
FROZEN, 16'S
560 G
20180368001_EA



4.29 MINUTE MAID, FIVE ALIVE,
OR FUZE DRINKS
SELECTED VARIETIES
8/10 X 200 ML
21092667_EA/21093553_EA



4.99 DOLE PINEAPPLE JUICE
1.36 L OR 240/250 ML OR
TETLEY, RED ROSE OR
SALADA TEA 60/72'S
SELECTED VARIETIES
20037838_EA/21611907_EA



2.99 PC® DIPPED, CHEWY OR
CEREAL GRANOLA BARS
SELECTED VARIETIES
120-300 G
20296687002_EA/20914014_EA



2/\$5 OR
\$2.50 EA. NO NAME® NACHO CHEESE
FLAVOUR TORTILLA CHIPS
200 G OR FRUIT BOWLS 4'S
SELECTED VARIETIES
20521654_EA/21654374_EA



1.79 NO NAME® CHOCOLATE
BARS 100 G OR
ICE CREAM CUPS OR
CONES 75/80 G
SELECTED VARIETIES
20580727_EA/21203883_EA



3.29 NO NAME® PANCAKE MIX
905 G, SYRUP 750 ML OR
PEANUT BUTTER 500 G
SELECTED VARIETIES
20306030_EA/20316212001_EA/20322949_EA



4.49 NO NAME® JAM OR
MARMALADE 500 ML OR
100% CANADIAN PURE
LIQUID HONEY 375 G
SELECTED VARIETIES
20001100_EA/20298902_EA



4.99 CLUB HOUSE LA GRILLE
OR ONE STEP BLEND SPICE
SELECTED VARIETIES
93-203 G
20309777002_EA/20321740001_EA



3.49 HARDBITE POTATO CHIPS
128/150 G OR QUE PASA
CHIPS 300/350 G
SELECTED VARIETIES
21031316_EA/21157585_EA



2.99 FRENCH'S MUSTARD
SELECTED VARIETIES
325-550 ML
20083238_EA/20170862_EA



18.79 NO NAME® GROUND
COFFEE 907 G OR
ROBIN HOOD OR
FIVE ROSES FLOUR 10 KG
SELECTED VARIETIES
20134743_EA/21707399_EA



1.29 PC® DELUXE MACARONI
AND CHEESE DINNER
SELECTED VARIETIES
200/225 G
21529716_EA/21529753_EA



5.49 PAM COOKING SPRAY
SELECTED VARIETIES
141/170 G
2017820041_EA/21361501_EA



5.99 J.L. KRAFT
PURE SALAD DRESSING
SELECTED VARIETIES
355 ML
21581429_EA/21581692_EA

It's Cleaning Time!



3⁹⁹ NO NAME® DISPOSABLE GLOVES 100'S OR BLEACH 2.4 L SELECTED VARIETIES
20359200_EA/21486532_EA



6⁴⁹ TIDE LAUNDRY DETERGENT 1 L/12-16'S OR DOWNY OR GAIN FABRIC SOFTENER 946 ML-1.31 L OR BEADS 141 G SELECTED VARIETIES
21182551_EA/21553085_EA



6⁹⁹ NO NAME® GARBAGE BAGS SELECTED VARIETIES 30-100'S
2145516_EA/21120004_EA



6⁹⁹ CASCADE FRESH SCENT BAGS 10-15'S
21658899_EA



6⁹⁹ OXICLEAN MAXFORCE CLEANER 354 ML, DAWN DISH SPRAY 473 ML, OLD DUTCH LAUNDRY DETERGENT 4 L OR LYSOL SURFACE WIPES 75'S SELECTED VARIETIES
21449829_EA



4⁹⁹ PINE-SOL CLEANER 1.41 L OR WINDEX CLEANER 765-950 ML SELECTED VARIETIES
20125323001_EA/20298679001_EA



4⁴⁹ CLOROX CLEANER 887 ML OR FEBREZE SPRAY 250 G SELECTED VARIETIES
20647519_EA/21005017_EA



5⁴⁹ SCRUBBING BUBBLES 567-950 ML OR FANTASTIK 560 ML SELECTED VARIETIES
20009897001_EA/20323855001_EA



4⁹⁹ ZIPLOC STORAGE BAGS SELECTED VARIETIES 10-90'S
20078059_EA/21612640_EA



8⁹⁹ CHARMIN BATHROOM TISSUE 8=24 ROLLS OR BOUNTY PAPER TOWELS 3=6 ROLLS SELECTED VARIETIES
21670159_EA/21707477_EA

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19⁹⁹

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SELECTED VARIETIES, FROZEN
1.02/1.36 KG

20941230_EA/20941343_EA



PC[®] DELI CHEESE SLICES
SELECTED VARIETIES
140-170 G

20250268_EA/20250947_EA

3⁹⁹



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PRODUCT OF CANADA
3 LB



HELLMANN'S REAL MAYONNAISE
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710-890 ML

20618579001_EA/21518360_EA

5⁹⁹



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