

Fresh

PROUDLY CANADIAN

DRAGON BOAT Festival



6⁴⁹

PC® PACIFIC WHITE SHRIMP
SELECTED VARIETIES, FROZEN
400 G

20789931_EA/20791381_EA



FARMER'S MARKET™ FUJI APPLES 5 LB,
PRODUCT OF U.S.A OR
FARMER'S MARKET™ MANDARIN 3 LB,
PRODUCT OF MOROCCO OR PERU

7⁸⁹

VH COOKING
OR DIPPING SAUCE
SELECTED VARIETIES
341-380 ML

20322926001_EA/20984002_EA

2⁴⁹



HUY FONG SRIRACHA SAUCE
714 ML

20074956_EA

5⁸⁸



ROOSTER™
SCENTED JASMINE RICE
8 KG

20121871_EA

13⁸⁸



SEE OUR FLYER ONLINE
VISIT FRESHMART.CA

FROM THURSDAY, JUNE 11TH TO
WEDNESDAY, JUNE 17TH, 2026

Ice Cream SHOP



4⁴⁹

QUEBEC STRAWBERRIES
PRODUCT OF U.S.A. OR MEXICO
1 LB



NO NAME® MARSHMALLOWS
SELECTED VARIETIES
400 G

20304672002_EA

2⁴⁹



5⁴⁹

HERSHEY'S SYRUP 462-523 ML
OR HERSHEY'S CHOCOLATE
STAND UP POUCHES 160-235 G
SELECTED VARIETIES

20303970004_EA/21496953_EA



NO NAME® CHOCOLATE BARS 100 G
OR ICE CREAM CUPS OR CONES 75/80 G
SELECTED VARIETIES

20580727_EA/21203883_EA

3/\$5
OR
\$1.67 EA.



6⁹⁹

NO NAME® ICE MILK
SELECTED VARIETIES, FROZEN
4 L

20793444003_EA

Freshmart®

PROUDLY CANADIAN

SuperValu®
value and freshness

SHOP EASY®
F · O · O · D · S



9.99
LB

FRESH BEEF TOP SIRLOIN
OVEN ROAST OR STEAK*
FAMILY SIZE
22.02/KG
20797507_KG

9.99

SWISS CHALET OR MONTANA'S RIBS 600-650 G
OR NO NAME® CHICKEN WINGS 908 G
SELECTED VARIETIES
21022221_EA/21045313_EA

GROWN IN THE
WESTERN
PROVINCES
British Columbia
Alberta • Saskatchewan
Manitoba



3.49

FARMER'S MARKET™ GREENHOUSE PEPPERS
PRODUCT OF WESTERN PROVINCES
3'S

3.69

FARMER'S MARKET™ AVOCADO BAG
PRODUCT OF MEXICO OR U.S.A.
6'S

PREPARED IN
CANADA



5.49

8 INCH PIES
SELECTED VARIETIES
680-750 G
21297475_EA

7.99

FREYBE PEPPERONI STICKS 500 G
OR ROMA SLICED PEPPERONI 900 G
SELECTED VARIETIES
20323265_EA/21217461_EA



8.99

2/\$7
OR
\$3.50 EA.

\$4

NO NAME® CHEESE BARS 700 G
OR PC® SHREDS 620 G
SELECTED VARIETIES
20975773_EA/21060759_EA

SILK NON-DAIRY BEVERAGES
SELECTED VARIETIES
1.75/1.89 L
20328231002_EA/20308979_EA

NO NAME® PEANUT BUTTER
SELECTED VARIETIES
1 KG
20296985001_EA/20296985002_EA



2/\$7
OR
\$3.50 EA.

4.99

7.29

5.99

RUFFLES, DORITOS CHIPS
OR CHEETOS SNACKS
SELECTED VARIETIES
180-285 G
21241146_EA/21369118_EA

DR. OETKER GIUSEPPE THIN CRUST
OR RISING CRUST PIZZA
SELECTED VARIETIES, FROZEN
439-785 G
20904584_EA/21106360_EA

NO NAME® CANOLA
OR VEGETABLE OIL
SELECTED VARIETIES
3 L
20028656_EA/20103390_EA

TIDE LAUNDRY DETERGENT 1 L/12-16'S
OR DOWNY OR GAIN FABRIC SOFTENER
946 ML-1.31 L OR BEADS 141 G OR
BOUNCE FABRIC SHEETS 40/80'S
SELECTED VARIETIES
20301481001_EA/21182551_EA

*CUT FROM CANADA AA GRADE BEEF OR HIGHER

SESV 1

Freshmart®

PROUDLY CANADIAN



9.99
LB

**FRESH BEEF TOP SIRLOIN
OVEN ROAST OR STEAK***
FAMILY SIZE
22.02/KG
20797507_KG

9.99

**SWISS CHALET OR MONTANA'S RIBS 600-650 G
OR NO NAME® CHICKEN WINGS 908 G**
SELECTED VARIETIES
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PROVINCES
British Columbia
Alberta • Saskatchewan
Manitoba



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PRODUCT OF WESTERN PROVINCES
3'S

3.69

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6'S

PREPARED IN
CANADA



5.49

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SELECTED VARIETIES
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21297475_EA

7.99

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8.99

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\$4

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OR PC® SHREDS 620 G**
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SELECTED VARIETIES
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SELECTED VARIETIES
1 KG
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2/\$7
OR
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7.29

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20904584_EA/21106360_EA

**NO NAME® CANOLA
OR VEGETABLE OIL**
SELECTED VARIETIES
3 L
20028656_EA/20103390_EA

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SELECTED VARIETIES
20301481001_EA/21182551_EA

*CUT FROM CANADA AA GRADE BEEF OR HIGHER

FRUITS & VEGETABLES



4⁴⁹
LB

ASPARAGUS
PRODUCT OF WESTERN
PROVINCES OR ONTARIO
9.90/KG



1⁴⁹

ENGLISH CUCUMBERS
PRODUCT OF CANADA,
CANADA NO. 1 GRADE
EACH



.99

BICOLOUR CORN
PRODUCT OF U.S.A.
EACH



1⁴⁹

MANGO ATAULFO
PRODUCT OF MEXICO
EACH



2⁷⁹
LB

PAPAYA
PRODUCT OF MEXICO
6.15/KG



3⁴⁹
LB

**YELLOW PEACHES
OR NECTARINES**
PRODUCT OF
CHILE OR U.S.A.
7.69/KG



2/2⁵⁰
OR
\$1.25 EA.

GREEN ONIONS OR FRESH HERBS
PRODUCT OF MEXICO,
SELECTED VARIETIES
BUNCH



4⁸⁹

MANN'S SNAP PEAS
PRODUCT OF U.S.A.
227 G
20712967_EA/20712998_EA



2/\$6
OR
\$3 EA.

**FARMER'S MARKET™
GRAPE TOMATOES**
PRODUCT OF CANADA OR MEXICO,
NO. 1 GRADE
283 G



2⁹⁹
LB

EGGPLANT OR ZUCCHINI
PRODUCT OF MEXICO OR U.S.A.
6.59/KG

BAKERY



3⁴⁹

**COUNTRY HARVEST
BREAD 600/650 G OR BAGELS 6'S**
SELECTED VARIETIES
21178531_EA/21178642_EA



3⁹⁹

CASA MENDOSA TORTILLAS
SELECTED VARIETIES
204-640 G
20318788_EA/20981522_EA



6⁹⁹

**FARMER'S MARKET™ BROWNIES 608 G
OR GRANDMOTHER'S BAKE SHOPPE
BUTTER TARTS 765 G**
SELECTED VARIETIES
21450067_EA/21493396_EA



12⁹⁹

**PC® GLUTEN-FREE OR
FARMER'S MARKET™ BAR CAKES
553-770 G OR SUGAR PLUM
ROUND CAKES 950 G**
SELECTED VARIETIES
21045855_EA/21500612_EA

DAIRY & REFRIGERATED



3⁹⁹

**JELL-O OR HERSHEY'S SNACKS OR
PUDDING 4'S OR RISE KOMBUCHA 414 ML**
SELECTED VARIETIES, REFRIGERATED
21019795_EA/21295362_EA



3⁹⁹

**ASTRO 650/750 G
OR iöGO 650 G YOGURT**
SELECTED VARIETIES
20165226001_EA/21659463_EA



4⁹⁹

**LIBERTÉ KEFIR 1 L OR
PC® COLD BREW COFFEE 900 ML**
SELECTED VARIETIES
21022542_EA/21216416_EA



7⁹⁹

BECEL MARGARINE
SELECTED VARIETIES
637/800 G
21747692_EA/21747558_EA

MEAT & SEAFOOD



349
LB

PORK SHOULDER ROAST OR CHOPS
7.69/KG
20056387_KG

899
LB

EXTRA LEAN GROUND BEEF FAMILY SIZE
19.82/KG
20873869_KG

599
LB

CHICKEN BREASTS OR SPLIT CHICKEN WINGS BONE-IN, SKIN-ON, FAMILY SIZE
13.21/KG
20113612_KG/20761916_KG



349

NO NAME® ORIGINAL WIENERS
450 G
20002786_EA



799

PC® BLUE MENU® GROUND CHICKEN OR MINCED TURKEY
454 G
21100091_EA/21100092_EA



1799

PC® OLD FASHIONED STYLE BACON
1 KG
20115704_EA



699

PC® APPETIZERS SELECTED VARIETIES, FROZEN
225-454 G
20581030_EA/21474563_EA



899

BEYOND MEAT PLANT BASED BURGERS, GROUND, SAUSAGE, TENDERS OR STEAK SELECTED VARIETIES, FROZEN
226-400 G
21193815_EA/21300113_EA



1299

MARCANGELO SAUSAGE, BREAKFAST SAUSAGE OR PATTIES SELECTED VARIETIES, FROZEN
1.2-1.4 KG
20799828_EA



299

SEAQUEST® CRAB OR LOBSTER FLAVOURED ALASKA POLLOCK OR SEAQUEST® CRAB FLAVOURED CHUNKS 227 G OR DOM SPECIALTY SMOKED STEELHEAD SALMON 50 G SELECTED VARIETIES, FROZEN
20750012_EA/20792840_EA



699

ASC BASA STEAKS OR OCEAN MARKET WHOLE WILD CHUB MACKEREL FROZEN, 1 KG
20910469_EA/21079543_EA



1099

MARINATED CHICKEN BREAST FRESH, SELECTED VARIETIES
350-500 G
21606874_EA/21606941_EA



1499

GRASS FED MEDIUM GROUND BEEF
900 G
21675509_EA

DELI MEAT & CHEESE



299

SMALL RESER'S SALADS SELECTED VARIETIES
425/454 G
20962394_EA/20962398_EA



549

BOTHWELL CHEESE SELECTED VARIETIES
170-240 G
20788393_EA



649

BALDERSON CHEDDAR CHEESE, NON-AGED SELECTED VARIETIES
250/280 G
20416277_EA/21495455_EA



129
/100 G

ZIGGY'S® SERVICE CASE HAMS SELECTED VARIETIES
20313480_KG

GROCERY



479

COFFEEMATE COFFEE ENHANCER
828/946 ML OR **SILK**
COFFEE WHITENER 890 ML
SELECTED VARIETIES, REFRIGERATED
21091311_EA/21245361_EA



549

SIMPLY ORANGE JUICE
OR **CRANBERRY COCKTAIL**
SELECTED VARIETIES
1.36/1.54 L
21735042_EA/21735026_EA



199

7UP NIMBOOZ 355 ML OR GATORADE
OR **POWERADE SPORT DRINKS** 710 ML
SELECTED VARIETIES
20305775003_EA/20853721_EA



649

BUBBLY 12 X 355 ML OR MONTELLIER
10 X 355 ML SPARKLING WATER
SELECTED VARIETIES
21096704_C10/21097174_C12



279

MCCAIN FRIES
SELECTED VARIETIES, FROZEN
800 G
21521219_EA



799

MCCAIN PIZZA POCKETS
SELECTED VARIETIES, FROZEN
6'S, 540/600 G
21047833_EA



599

KELLOGG'S EGGO WAFFLES
SELECTED VARIETIES, FROZEN
16'S
20099730004_EA



899

PC® ORGANICS FRUIT
SELECTED VARIETIES, FROZEN
600 G
20431483001_EA



279

ROGERS BROWN SUGAR
SELECTED VARIETIES
1 KG
20087098_EA/20108812_EA



549

POST FAMILY SIZE 525-650 G OR
QUAKER HARVEST CRUNCH CEREAL
400-510 G
SELECTED VARIETIES
20940327_EA/21219824_EA



649

SMUCKER'S JAM OR MARMALADE
SELECTED VARIETIES
310-500 ML
20308043001_EA/20308043003_EA



2799

MCCAFÉ GROUND COFFEE 640/875 G
OR **PODS 24/30'S**
SELECTED VARIETIES
21240975_EA/21633664_EA



279

PRINGLES POTATO CRISPS
SELECTED VARIETIES
102-156 G
21003833_EA/21584545_EA



2/\$7
OR \$3.50 EA.

OLD DUTCH POTATO CHIPS OR
SNACKS 200-290 G, ARRIBA 235/245 G
OR **RESTAURANTE TORTILLA CHIPS**
275/290 G
SELECTED VARIETIES
21445100_EA/21646697_EA



379

HERSHEY'S TWIZZLER LICORICE
75-454 G, **JOLLY RANCHER ROPES**
283 G OR **DARE REAL FOODS CANDIES**
OR **GUMMIES** 350 G
SELECTED VARIETIES
20022328008_EA/21232292_EA



579

CHRISTIE COOKIES FAMILY SIZE
SELECTED VARIETIES
374-520 G
21014087_EA/21520747_EA



3/\$5
OR \$1.67 EA.

CAMPBELL'S TOMATO, CREAM
OF MUSHROOM, VEGETABLE OR
CHICKEN NOODLE SOUP
284 ML
20176214001_EA/20176214003_EA



179

GREEN GIANT VEGETABLES
SELECTED VARIETIES
341/398 ML
21021175_EA/21021485_EA/21021208_EA



199

ST-HUBERT SAUCE OR GRAVY
SELECTED VARIETIES
398 ML
20322135002_EA/20322135006_EA



379

KRAFT BBQ SAUCE 455 ML
OR **MAPLE LEAF FLAKES 156 G**
SELECTED VARIETIES
20298273002_EA/20627619007_EA



329

NO NAME® PLASTIC PARTY CUPS
SELECTED VARIETIES
50'S
21206257_EA/21206261_EA



679

PC® BATHROOM TISSUE 12'S
OR **PAPER TOWEL 2/3'S**
SELECTED VARIETIES
21300716_EA/21540577_EA



899

MILK-BONE SOFT AND CHEWY
DOG TREATS 708 G OR WHISKAS
DRY CAT FOOD 1.5-2 KG
SELECTED VARIETIES
21047843_EA/21588899_EA



2399

PEDIGREE DOG FOOD
SELECTED VARIETIES
8 KG
20039397001_EA

Freshmart

SuperValu Value and freshness **SHOP EASY** P O O P S

Quantities and/or selection of items may be limited and may not be available in all stores. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to any savings claims (ie. "Save", "Was", "1/2 Price", etc.) is in comparison to our lowest regular retail prices at Freshmart locations. **Savings on items shown may vary in each store location.** Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. Prices not applicable At-The-Pumps gas bar locations. ©/TM The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaw's Inc. and others. All rights reserved. © 2026 Loblaw's Inc.

Produce Canadian

PEFC
PEFC01-31-106
PEFC Certified
www.pefc.org

Grocery Essentials



NO NAME® LEMONADE OR ICED TEA
SELECTED VARIETIES,
REFRIGERATED
1.75 L
21666536_EA/21666561_EA



6⁹⁹

PC® BUTTER QUARTERS
SELECTED VARIETIES
454 G
20313456002_EA

2²⁹

3⁴⁹

NO NAME® NATURALLY IMPERFECT™ FRUIT
SELECTED VARIETIES,
FROZEN
300/400 G
21545095_EA



1³⁹

SPARKLING ICE 503 ML OR NO NAME® JUICE 1 L
SELECTED VARIETIES
20885450003_EA/21622949_EA



2⁹⁹

STARBUCKS DRINKS 405/444 ML OR ALANI 355 ML OR CELSIUS 355 ML
SELECTED VARIETIES
21576458_EA/21598434_EA/21723923_EA



2⁹⁹

PC® CRACKERS, TWISTS OR STIX
SELECTED VARIETIES
100-500 G
20538543002_EA/20603888002_EA



8⁹⁹

SWANSON FAMILY SIZE MEALS
SELECTED VARIETIES, FROZEN
1.19 KG
20745335_EA



2/\$7
OR \$3.50 EA.

CADBURY FAMILY CHOCOLATE BARS
90-105 G OR SNACK SIZE 88-92 G
SELECTED VARIETIES
21648577_EA/21571879_EA



2⁴⁹

PC® APPLETREET™ 6 X 100 ML OR SQUEEZE 4 X 90 G
FRUIT SNACKS
SELECTED VARIETIES
20309701002_EA/20939686_EA



1⁷⁹

NO NAME® SPICES 6-250 G OR KNORR SAUCE 17-48 G
SELECTED VARIETIES
20307866001_EA/20617758_EA



7⁴⁹

LUNDBERG RICE
SELECTED VARIETIES
907 G
20648150001_EA/20650614_EA



1⁷⁹

NO NAME® RICE CRACKERS 100 G, CHEESE SNACKS 3'S OR PRETZELS 200 G, SELECTED VARIETIES
20188557_EA/20297188003_EA



2⁴⁹

CARNABY SWEET GUMMIES 300/400 G OR JOLLY RANCHER OR TWIZZLERS 170-198 G
GUMMIES OR CANDIES
SELECTED VARIETIES
20078139_EA/20854070_EA



4⁹⁹

NUTELLA HAZELNUT OR PEANUT SPREAD 375 G OR NUTELLA B-READY CRISPY WAFER WITH HAZELNUT SPREAD 132 G
SELECTED VARIETIES
20435988_EA/21457401_EA



8⁷⁹

NESCAFÉ GOLD INSTANT COFFEE 10-100 G OR ESPRESSO 500 ML OR PC® GROUND COFFEE 250 G OR PODS 12'S
SELECTED VARIETIES
20585545_EA/21074565_EA



3²⁹

PC® OR BLUE MENU® SALAD DRESSING
SELECTED VARIETIES
475 ML
2062829001_EA/20628488001_EA



1²⁹

NO NAME® MUSHROOMS
SELECTED VARIETIES
284 ML
20079578_EA/20299211_EA



3²⁹

STAGG CHILI
SELECTED VARIETIES
425 G
20091906_EA/20300125003_EA



1⁴⁹

NO NAME® LIGHT TUNA
SELECTED VARIETIES
85/170 G
20097482001_EA/20521647_EA



M&M Milk or Peanut Chocolate Peg
selected varieties
100 g
21646523_EA

3⁷⁹



Skittles® Candy
selected varieties
130-170 g
21646523_EA

3⁴⁹



Mars King Chocolate
selected varieties
50-93 g
20686572005_EA

2⁴⁹



Excel®, Hubba Bubba® or Juicy Fruit® Gum Bottles
selected varieties
40-60 pieces
20310919004_EA

4⁷⁹

NEW

MAGNUM
ice cream

INDULGE WITH REAL BELGIAN CHOCOLATE

5⁴⁹

Magnum 3' or 4's Selected Varieties
21717434_EA

NEW

Breyers

MOMENTS
made sweeter

WITH BREYERS

5⁴⁹

Breyers Creamery Style or CoBrand Selected Varieties
1.41 L
21720665_EA

BEN & JERRY'S

Chunky Goodness, Swirled to Perfection

5⁴⁹

Breyers Creamery Style or CoBrand Selected Varieties
1.41 L
21568089_EA

49399 eBen & Jerry's Homemade, Inc. 2025 Cow's Vaches eWoody Jackson 1997

NEW

talenti

CRAFTED TO PERFECTION

Made with 100% natural ingredients

5⁴⁹

Talentì Selected Varieties
473 mL
21720460_EA

DRAGON BOAT Festival



AROY-D COCONUT MILK
SELECTED VARIETIES
400 ML
20063864_EA

198



LEE KUM KEE HOISIN SAUCE
445 ML
20045048_EA

298



KNORR CHICKEN BOUILLON BROTH MIX
1 KG
20154074_EA

12⁸⁸

LEE KUM KEE PANDA BRAND OYSTER FLAVOURED SAUCE
510 G
20139600_EA

388



ROOSTER™ CORN STARCH
454 G
21047841_EA

288



MARUKAN RICE VINEGAR
SELECTED VARIETIES
355 ML
20321753001_EA

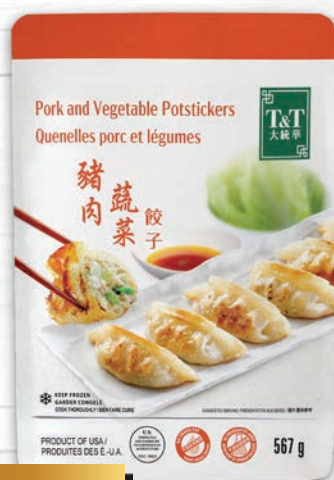
328

KEWPIE MAYONNAISE
465 ML
21644268_EA

588



498



T&T® POTSTICKERS
SELECTED VARIETIES,
FROZEN, 567 G
21495823_EA



T&T® CASHEWS
SALTED OR UNSALTED
800 G
20807760_EA

13⁸⁸



Freshmart[®]

PROUDLY CANADIAN

DRAGON BOAT Festival



6⁴⁹

PC® PACIFIC WHITE SHRIMP
SELECTED VARIETIES, FROZEN
400 G

20789931_EA/20791381_EA



FARMER'S MARKET™ FUJI APPLES 5 LB,
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FARMER'S MARKET™ MANDARIN 3 LB,
PRODUCT OF MOROCCO OR PERU

7⁸⁹

**VH COOKING
OR DIPPING SAUCE**
SELECTED VARIETIES
341-380 ML

20322926001_EA/20984002_EA

2⁴⁹



HUY FONG SRIRACHA SAUCE
714 ML

20074956_EA

5⁸⁸

**ROOSTER™
SCENTED JASMINE RICE**
8 KG

20121871_EA

13⁸⁸



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VISIT FRESHMART.CA**
FROM THURSDAY, JUNE 11TH TO
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