

Fresh

PROUDLY CANADIAN

The Amazing OWNER SALE



11⁹⁹

**PC® WINGS 800/907 G
OR RIBS 500-680 G
SELECTED VARIETIES,
FROZEN**

20071715_EA/20708931_EA



**POST CEREAL 283-525 G OR
EARTH'S OWN ALMOND MILK
DAIRY FREE 1.75/1.89 L
SELECTED VARIETIES**

20299648_EA/21037796_EA

2/\$7
OR \$3.50 EA.



4⁴⁹

**ROGERS SUGAR
4 KG**

20171831_EA



**PURE LIFE
NATURAL SPRING WATER
24 X 500 ML**

20060696_C24

4²⁹



**SEE OUR FLYER ONLINE
VISIT FRESHMART.CA**

**FROM THURSDAY, AUGUST 13TH TO
WEDNESDAY, AUGUST 19TH, 2026**

The Amazing **OWNER SALE**

Moore's Shop Easy
Forestburg, AB

Brian and Sandra Moore

Nanton Freshmart
Nanton, AB

Andrew Cho

Chase Freshmart
Chase, BC

Colin Munro

Gerry's Freshmart
Chetwynd, BC

Carrie and Brent Gerry

Gibsons Super Valu
Gibsons, BC

Arif Ahmed

Hagensborg Shop Easy
Hagensborg, BC

Young Kyoon Han

Kitwanga Freshmart
Kitwanga, BC

Jimmy Sangheon Lee

Lumby Freshmart
Lumby, BC

Allen Sheardown

PoCo Freshmart
Port Coquitlam, BC

Jeff Lohm

Tumbler Ridge Freshmart
Tumbler Ridge, BC

Darryl Krakowka

Vancouver Freshmart
Vancouver, BC

Darcey Houser/Garnet Vickers

Eriksdale Shop Easy
Eriksdale, MB

Akashdeep Singh

Neepawa Freshmart
Neepawa, MB

Pragnesh Patel

Notre Dame Freshmart
Notre Dame, MB

Mark Lesage

Pick 'N Pay Shop Easy
Stony Mountain, MB

Gurpreet Singh

St. Claude Shop Easy
St. Claude, MB

Biggar Freshmart
Biggar, SK

Jeong Hong-mo and
Kim Young-sam - Owners

Ste Rose Shop Easy
Ste-Rose-du-Lac, MB

David Chang

Waywayseecappo
Foodmart GP
Waywayseecappo, MB

Dan Szwaluk

Esterhazy Freshmart
Esterhazy, SK

Tyler Franklin

Kerrobert Shop Easy
Kerrobert, SK

Ron Rudulier/Connie Nason

Kipling Shop Easy
Kipling, SK

Sonny and Lizel Montaron

Preeceville Shop Easy
Preeceville, SK

Darin Newton

Freshmart[®]

PROUDLY CANADIAN

SuperValu[®]
value and freshness

SHOP EASY[®]
F · O · O · D · S



3⁴⁹
LB

PORK TENDERLOIN
FRESH,
CRYOVAC PACKAGE, 2'S
7.69/KG
20520970_KG



6⁴⁹
LB

LEAN GROUND BEEF
FAMILY SIZE
14.31/KG
20874394_KG



GROWN IN THE
WESTERN PROVINCES
British Columbia
Alberta • Saskatchewan
Manitoba

2⁹⁹

FARMER'S MARKET™ MIXED PEPPERS
PRODUCT OF WESTERN PROVINCES
4'S



2⁴⁹
LB

RED, GREEN OR BLACK GRAPES
PRODUCT OF U.S.A.
5.49/KG



PREPARED IN
CANADA

5⁴⁹

GAY LEA BUTTER
SELECTED VARIETIES
454 G
20559408_EA



7⁹⁹

FREYBE PEPPERONI STICKS 500 G
OR ROMA SLICED PEPPERONI 900 G
SELECTED VARIETIES
20323265_EA/21217461_EA



PREPARED IN
CANADA

2⁹⁹

MCCAIN SUPERFRIES OR SPECIALTY POTATOES
SELECTED VARIETIES, FROZEN
454-800 G
20799529_EA



6⁴⁹

NO NAME® ICE MILK
SELECTED VARIETIES, FROZEN
4 L
20793444003_EA



1⁴⁹

MAPLE LEAF VIENNA SAUSAGE 113 G
OR GREEN GIANT VEGETABLES 341/398 ML
20617958_EA/21021222_EA



PREPARED IN
CANADA

8²⁹

COCA-COLA, CANADA DRY
OR PEPSI SOFT DRINKS
SELECTED VARIETIES
12 X 355 ML
20318694002_C12/20322361002_C12



19⁹⁹

TIM HORTONS COFFEE 640-875 G
OR PODS 30'S
SELECTED VARIETIES
21166682_EA/21688802_EA

Freshmart[®]

PROUDLY CANADIAN



3⁴⁹
LB

PORK TENDERLOIN
FRESH,
CRYOVAC PACKAGE, 2'S
7.69/KG
20520970_KG



6⁴⁹
LB

LEAN GROUND BEEF
FAMILY SIZE
14.31/KG
20874394_KG



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WESTERN PROVINCES
British Columbia
Alberta • Saskatchewan
Manitoba

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PRODUCT OF WESTERN PROVINCES
4'S



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5.49/KG



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454 G
20559408_EA



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SELECTED VARIETIES
20323265_EA/21217461_EA



PREPARED IN
CANADA

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SELECTED VARIETIES, FROZEN
454-800 G
20799529_EA



6⁴⁹

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SELECTED VARIETIES, FROZEN
4 L
20793444003_EA



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OR GREEN GIANT VEGETABLES 341/398 ML
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12 X 355 ML
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19⁹⁹

TIM HORTONS COFFEE 640-875 G
OR PODS 30'S
SELECTED VARIETIES
21166682_EA/21688802_EA

FRUITS & VEGETABLES



Arif/Ahmed
Gibsons Super Valu
Gibsons, BC



2⁹⁹

BROCCOLI CROWNS
PRODUCT OF CANADA
EACH



2⁹⁹
LB

GREEN BEANS
PRODUCT OF CANADA
6.59/KG



2⁴⁹

CELERY
PRODUCT OF CANADA
EACH



2⁹⁹
LB

**YELLOW PEACHES,
NECTARINES, PLUMCOTS
OR PLUMS**
PRODUCT OF CANADA
6.59/KG



**Ron Rudulier &
Connie Nason**
Kerrobert Shop Easy
Kerrobert, SK



3⁴⁹

RASPBERRIES
PRODUCT OF U.S.A.
6 OZ CLAMSHELL



3⁹⁹

STRAWBERRIES
PRODUCT OF U.S.A.
454 G



2⁹⁹

PC® SALADS
SELECTED VARIETIES,
PRODUCT OF U.S.A.
142 G
21203746_EA



Pragnesh Patel
Neepawa Freshmart
Neepawa, MB



1⁹⁹
LB

**GREENHOUSE
TOMATOES ON THE VINE**
PRODUCT OF CANADA
4.39/KG



4⁷⁹

**FARMER'S MARKET™
AVOCADO BAG**
PRODUCT OF MEXICO
6'S



3⁴⁹

**FARMER'S MARKET™
YELLOW ONIONS**
PRODUCT OF CANADA,
CANADA NO. 1 GRADE
3 LB



4⁹⁹

ROMAINE HEARTS
PRODUCT OF CANADA
3'S



1⁴⁹

ENGLISH CUCUMBER
PRODUCT OF CANADA
EACH



6⁹⁹

**FARMER'S MARKET™
WHITE POTATOES**
PRODUCT OF CANADA
10 LB



Andrew Cho
Nanton Freshmart
Nanton, AB

MEAT & SEAFOOD



Tyler Franklin
Esterhazy Freshmart
Esterhazy, SK



4⁴⁹

LEAN GROUND PORK
450 G
21705787_EA

9⁹⁹
LB

BEEF INSIDE ROUND
STEAK FAMILY SIZE
OR OVEN ROAST*
22.02/KG
20794583_KG



5⁹⁹
LB

FRESH CHICKEN BREASTS
OR SPLIT CHICKEN WINGS
BONE-IN, SKIN-ON, FAMILY SIZE
13.21/KG
20113612_KG/20761916_KG

6⁹⁹
LB

FRESH BEEF BURGERS
MADE IN-STORE
15.41/KG



\$10

MARINATED
CHICKEN BREAST
SELECTED VARIETIES
350-500 G
21606874_EA/21606941_EA



5⁹⁹

MARCANGELO
HOT OR MILD ITALIAN
SAUSAGE 1.4 KG OR PORK
BREAKFAST SAUSAGE
OR PATTIES 1.2 KG
SELECTED VARIETIES
20799828_EA



Marc Lesage
Notre Dame Freshmart
Notre Dame, MB



Darcey Houser
& Garnet Vickers
Vancouver Freshmart
Vancouver, BC



5⁹⁹

BUTTERBALL
TURKEY BACON STYLE
SELECTED VARIETIES
375 G
20016865_EA/20671791_EA



8⁹⁹

LOU'S ENTRÉES
SELECTED VARIETIES,
FROZEN
375-400 G
20182404_EA/21046171_EA



8⁹⁹

BEYOND MEAT PLANT-BASED
BURGERS, GROUND, SAUSAGES,
CHICKEN TENDERS OR STEAK TIPS
SELECTED VARIETIES, FROZEN
226-400 G
21193815_EA/21300113_EA



21⁹⁹

BUTCHER'S CHOICE®
BEEF BURGERS
SELECTED VARIETIES, FROZEN
1.13 KG
20767514_EA/20874333_EA



6⁹⁹

SEAQUEST®
PINK SALMON FILLETS
FROZEN
400 G
21314740_EA



9⁹⁹

SEAQUEST®
COOKED SALAD SHRIMP
FROZEN
454 G
20180352_EA

*CUT FROM CANADA AA GRADE BEEF OR HIGHER

DELI MEAT & CHEESE



Dan Szwaluk
Store Manager
Waywayseecappo Freshmart
Waywayseecappo, MB



6⁹⁹

PC® GOAT CHEESE LOGS
SELECTED VARIETIES
300 G
21722528_EA/21722633_EA



**ZIGGY'S® TURKEY
OR CHICKEN DELI
SERVICE CASE**
SELECTED VARIETIES
20299196_KG

1⁹⁹
/100 G



7⁴⁹

**PC® HALLOOM CHEESE 250 G
OR MOZZARELLA BALL 340 G
OR PC® OR PC® BLACK LABEL®
CHEDDAR BLOCK 250/250 G**
SELECTED VARIETIES
20011400_EA/21678876_EA



4⁴⁹

**PC®, MASTRO
OR SAN DANIELE
MORTADELLA DELI MEAT**
SELECTED VARIETIES
100-175 G
20576743_EA/21061099_EA



9⁹⁹

SUMMER FRESH SALADS
750 G
20094285_EA/20250919_EA

BAKERY



4²⁹

**PC® LOAF LIGHT RYE OR
MULTIGRAIN RYE 480 G OR
PC® BRIOCHE LOAF SLICED
400 G OR CINNAMON
RAISIN BREAD 675 G**
20682493_EA/21050280_EA



2⁹⁹

**PC® PIZZA CRUST 440 G
OR SURAJ® NAAN,
SELECTED VARIETIES, 5'S**
21051353_EA/21416545_EA



Jeff Lohm
Po Co Freshmart
Port Coquitlam, BC



4²⁹

**PC® OR SARA LEE LITTLE
BITES MINI MUFFINS OR
SCHOOL SAFE SNACK CAKES**
SELECTED VARIETIES
280-336 G
21488839_EA/21716308_EA



5⁹⁹

**FARMER'S MARKET™
SQUARES 400/450 G
OR MACAROONS 350 G**
SELECTED VARIETIES
20323572_EA/21216501_EA



6⁹⁹

**FARMER'S MARKET™
BROWNIES 608 G
OR GRANDMOTHER'S
BUTTER TARTS 765 G**
21450067_EA/21493396_EA

DAIRY & REFRIGERATED



**Jimmy Sangheon
Lee**
Kitwanga Freshmart
Kitwanga, BC



2⁹⁹

**MINUTE MAID OR
FRUITOPIA BEVERAGES**
SELECTED VARIETIES
1.54/1.75 L
20347440001_EA/21434119_EA



6⁹⁹

ACTIVIA YOGURT
SELECTED VARIETIES
12 X 100 G
20303412001_EA/20944744_EA



4⁹⁹

**COFFEEMATE COFFEE
ENHANCER 828/946 ML
OR SILK COFFEE WHITENER
890 ML, SELECTED VARIETIES,
REFRIGERATED**
21091311_EA/21743661_EA



14⁹⁹

**NO NAME®
SHREDDED CHEESE**
SELECTED VARIETIES,
CLUB SIZE
900 G
20142980_EA/20317943_EA



6⁴⁹

**SIGGI'S YOGURT
OR SKYR TUBS**
SELECTED VARIETIES
650/750 G
21353892_EA/21549534_EA



President's Choice®



Carrie & Brent Gerry
Gerry's Freshmart
Chetwynd, BC



9⁹⁹

PC® APPETIZERS
SELECTED VARIETIES,
FROZEN
340-454 G
21102693_EA/21393377_EA

11⁹⁹

PC® CHEESECAKE
SELECTED VARIETIES,
FROZEN
600 G
20147627_EA/21609491_EA



3⁹⁹

PC® FROZEN VEGETABLES
SELECTED VARIETIES,
FROZEN
400-750 G
20896667_EA/21096445_EA

4⁹⁹

PC® LOADS OF™
NOVELTIES 4 X 72 ML
OR ICE POPS 6 X 60 ML
SELECTED VARIETIES,
FROZEN
21432016_EA/21575239_EA

3⁷⁹

PC® CRANBERRY
COCKTAIL 1.89 L
OR TETRA JUICE
8 X 200 ML
SELECTED VARIETIES
20307025001_EA/21718947_EA



Darin Newton
Preeceville Shop Easy
Preeceville, SK

3⁴⁹

PC® PANCAKE OR WAFFLE
MIX 905 G,
SYRUP 750 ML OR INSTANT
OATS 264-360 G
SELECTED VARIETIES
20175129_EA/20374908_EA

4⁹⁹

PC® THE DECADENT® COOKIES
SELECTED VARIETIES
280/300 G
20612257_EA/20612260_EA



Darryl Krakowka
Tumbler Ridge Freshmart
Tumbler Ridge, BC



PC® THE DECADENT®
CHOCOLATE CHIPS
SELECTED VARIETIES
270-300 G
20011473_EA



PC® WAFFLE CONES
OR BOWLS 120-205 G
OR ICE CREAM AND
DESSERT TOPPING
355/428 ML
SELECTED VARIETIES
20339669_EA/21203798_EA



PC® DE-ALCOHOLIZED
LAGER BEER
SELECTED VARIETIES
12 X 355 ML
20121729_C12

4⁴⁹

5⁴⁹

10⁹⁹

PC® OR BLUE MENU®
SALAD DRESSING
SELECTED VARIETIES
475 ML
20627618010_EA
20628299002_EA



2⁹⁹

PC® BBQ SAUCES
SELECTED VARIETIES
350 ML/1 L
21021521_EA/21589265_EA



3⁷⁹



3⁷⁹

SALSA 650 ML OR
DINNER KITS 427 G
SELECTED VARIETIES
20295845002_EA/20309646005_EA



2⁴⁹

PC® STAIN REMOVER 650 ML,
SOAP 638-739 ML OR FOIL 25 FT
20160646_EA/21012467_EA/21122007_EA



22⁹⁹

PC® SUPER SOFT HYPOALLERGENIC
BATHROOM TISSUE
CLUB SIZE, 30=100 ROLLS
21450846_EA



10⁹⁹

PC® LIGHTWEIGHT KITTY LITTER
3.86 KG
21645236_EA



36⁹⁹

PC® NUTRITION FIRST®
PREMIUM DOG FOOD
SELECTED VARIETIES
7 KG
21305299_EA

GROCERY



Sonny & Lizel Montaron
Kipling Shop Easy
Kipling, SK



3⁹⁹

CASA MENDOSA TORTILLAS
SELECTED VARIETIES
204-640 G
20318788_EA/20981522_EA



6⁹⁹

PC® ORANGE JUICE
SELECTED VARIETIES,
REFRIGERATED
2.5 L
21531644_EA



7⁴⁹

DR. OETKER GIUSEPPE STUFFED CRUST OR SUPREMA PIZZA
SELECTED VARIETIES,
FROZEN
487-724 G
21555844_EA/21649696_EA



4⁹⁹

CRAVE DINNER ENTRÉES
200-340 G OR KRAFT DELUXE
MAC & CHEESE 340 G
SELECTED VARIETIES, FROZEN
21085515_EA/21552618_EA



Brian & Sandra Moore
Moore's Shop Easy
Forestburg, AB



2²⁹



2⁷⁹

FRENCH'S MUSTARD
325/550 ML OR HEINZ
TARTAR SAUCE 354 ML
SELECTED VARIETIES
20318504001_EA/21735027_EA



10⁷⁹

SAPORITO COOKING OIL
SELECTED VARIETIES
3 L
21629402_EA/21631260_EA



Allen Sheardown
Lumby Freshmart
Lumby, BC



4²⁹

LECLERC CÉLÉBRATION COOKIES, OR CHOCOMAX, NÛGABAR OR MUFFINMAX GRANOLA SNACK BARS
SELECTED VARIETIES
160-325 G
21154316_EA/21680155_EA



\$11

PC® 100% MAPLE SYRUP 500 ML OR NO NAME® LIQUID HONEY 1 KG
SELECTED VARIETIES
20033683_EA/20049221_EA



7⁹⁹

NESCAFÉ INSTANT COFFEE 100-170 G OR SWEET & CREAMY 16/18'S
SELECTED VARIETIES
20873036_EA/21363371_EA



.79

SAPPORO ICHIBAN JAPANESE STYLE NOODLES
SELECTED VARIETIES
100/104 G
20275907001_EA/20275907006_EA



1⁹⁹

KRAFT DINNER MACARONI & CHEESE
SELECTED VARIETIES
175 G
20740396_EA/21549589_EA



9⁹⁹

NO NAME® FLOUR CLUB SIZE,
SELECTED VARIETIES
10 KG
20022248_EA



2⁷⁹

AYLMER ACCENTS TOMATOES
SELECTED VARIETIES
540 ML
21207587_EA/21207591_EA



5⁹⁹

KRAFT SMOOTH PEANUT BUTTER 500 G, BONNE MAMAN JAM OR HAZELNUT SPREAD
250-280 ML
SELECTED VARIETIES
20132369001_EA/20307313001_EA



5⁹⁹

KELLOGG'S EGGO WAFFLES
SELECTED VARIETIES,
FROZEN
16'S
20099730004_EA

Freshmart

SuperValu Value and freshness **SHOP EASY** FRESH ON PURPOSE

Quantities and/or selection of items may be limited and may not be available in all stores. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to any savings claims (ie. "Save", "Was", "1/2 Price", etc.) is in comparison to our lowest regular retail prices at Freshmart locations. **Savings on items shown may vary in each store location.** Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. Prices not applicable At-The-Pumps gas bar locations. ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaw's Inc. and others. All rights reserved. © 2026 Loblaw's Inc.



Freshmart[®]

PROUDLY CANADIAN

The Amazing OWNER SALE



11⁹⁹

**PC® WINGS 800/907 G
OR RIBS 500-680 G
SELECTED VARIETIES,
FROZEN**

20071715_EA/20708931_EA



**POST CEREAL 283-525 G OR
EARTH'S OWN ALMOND MILK
DAIRY FREE 1.75/1.89 L
SELECTED VARIETIES**

20299648_EA/21037796_EA

2/\$7
OR \$3.50 EA.



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**ROGERS SUGAR
4 KG**

20171831_EA



**PURE LIFE
NATURAL SPRING WATER
24 X 500 ML**

20060696_C24

4²⁹



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